



August Newsletter

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Important August Dates

(All times are CST/CDT)

August 1 - Lughnasadh/Lammas (Crossquarter August 7)

Lughnasadh

Animals/Mythical Creatures - griffins, basilisks, roosters, calves, centaurs, phoenix
Gemstones - aventurine, citrine, peridot, sardonyx, yellow diamonds and citrine
Incense/Oil - wood aloes, rose, rose hips, rosemary, chamomile, eucalyptus, safflower, corn, passionflower, frankincense, sandalwood
Colors/Candles - red, orange, golden yellow, green, light brown, gold, bronze, gray
Tools/Symbols/Decorations - corn, cornucopias, red, yellow flowers, sheaves of grain (wheat, barley, oats), first fruits/vegetables of garden labor, corn dollies, baskets of bread, spear, cauldron, sickle, scythe, threshing tools, sacred loaf of bread, harvested herbs, bonfires, bilberries, God figures made of bread or cookie dough, phallic symbols
Goddesses - the Mother, Dana (Lugh's wife & queen), Tailltiu (Welsh-Scottish), Demeter (Greek), Ceres (Roman grain goddess honored at Ceresalia), the Barley Mother, Seelu (Cherokee), Corn Mother, Isis (Her birthday is celebrated about this time), Luna (Roman Moon Goddess), other agricultural Goddesses, the waxing Goddess
Gods - Lugh (Celtic, one of the Tuatha De Danaan), John Barleycorn, Arianrhod's golden haired son Lleu (Welsh God of the Sun & Corn where corn includes all grains, not just maize), Dagon (Phoenician Grain God), Tammuz/ Dummuzi (Sumerian), Dionysus, plus all sacrificial Gods who willingly shed blood/give their life that their people/lands may prosper, all vegetation Gods & Tanus (Gaulish Thunder God), Taranis, (Romano-Celtic

Thunder God), Tina, (Etruscan-Thunder God), the waning God

Essence - fruitfulness, reaping, prosperity, reverence, purification, transformation, change, The Bread of Life, The Chalice of Plenty, The Ever-flowing Cup, the Groaning Board (Table of Plenty)

Dynamics/Meaning - Lugh's wedding to Mother Earth, Birth of Lugh; Death of Lugh, Celtic Grain Festival

Purpose - honoring the parent deities, first harvest festival, first fruits grains & drink to the Goddess in appreciation of Her bounty, offering loaves of sacred bread in the form of the God (this is where the Gingerbread Man originated!)

Rituals/Magick - astrology, prosperity, generosity, continued success, good fortune, abundance, magickal picnic, meditate & visualize yourself completing a project you've started

Customs - games, the traditional riding of poles/staves, country fairs, breaking bread with friends, making corn dollys, harvesting herbs for charms/rituals, Lughnasadh fire with sacred wood & dried herbs, feasting, competitions, Lammas towers (fire-building team competitions), spear tossing, gathering flowers for crowns, fencing/swordplay, games of skill, martial sports, chariot races, handfastings, trial marriages, dancing 'round a corn mother (doll)

Foods - loaves of homemade wheat, oat, & corn bread, barley cakes, corn, potatoes, summer squash, nuts, acorns, wild berries (any type), apples, rice, pears, berry pies, elderberry wine, crab apples, mead, crab, blackberries, meadowsweet tea, grapes, cider, beer

Herbs - grain, acacia, heather, ginseng, sloe, cornstalks, cyclamen, fenugreek, aloes, frankincense, sunflower, hollyhock, oak leaf, wheat, myrtle

Element/Gender - fire/female

Threshold - noon

To learn more about this and other Sabbats, get our Sabbats eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=129

August 6, 4:51 pm - New Moon

A New Moon always offers you an opportunity for new beginnings, especially in the area of your life where the new moon is located. The energy of a New Moon is always influenced by the astrological aspects it is making during the phase of the new moon. The New Moon of course is always conjunct the Sun. The masculine yang power of the Sun unites with the feminine yin receptive power of the Moon. A conjunction of planets always represents a creative seed point and each month with the Sun's conjunction with the Moon you have an opportunity to birth new beginnings. New potentials come forward and reveal themselves at this time. The Leo New Moon is exactly Trine the planet Uranus, the Awakener. Explosive revolutionary ideas and inspirations may reveal themselves to you at this time. Out of the box thinking can occur now. A Trine is easy flowing and Uranus Trine to the New Moon Sun conjunction indicates that New inspirations and solutions will be forthcoming. Old problems can now find easy resolution and your way forward is open and clear.

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The innovative and revolutionary visions of the planet Uranus easily blend with the Creative force of Leo. Something brilliant can be seeded and, with proper nurturance, can result in a magnificent harvest in the next two weeks to six months. During the Leo New Moon, Jupiter, the planet of expansion and good fortune, opposes Pluto, the planet that wants you to get to the bottom of things and discover the truth so that regeneration and healing may occur. Jupiter opposing Pluto can play out in various ways such as revealing something that was hidden that may be holding you back from greater prosperous circumstances in your life. Jupiter opposing Pluto could manifest as a power struggle with an authority figure and ultimately is about you claiming your own inner authority. The Jupiter opposition to Pluto challenges you to stand in your own power and allow your inner feeling of authority and being in charge of your own destiny to expand and grow.

With Jupiter opposing Pluto, you want to make sure you invest your energy in things that are open and above board and that you have honorable intentions in all of your dealings.

Also at the time of the Leo New Moon, Saturn and Pluto are in Sextile to one another. A Sextile presents you with tangible opportunities. The Sextile between Saturn and Pluto will be exact in September. This is incredibly dynamic and powerful energy and represents an opportunity to manifest a structure for yourself that will ensure your success in the long term.

Saturn is also in a Trine to Neptune, which signifies ideal structures for your success being available at this time. The Saturn Trine Neptune will continue to be in effect into September.

So, this Leo New Moon has electric opportunities for seeding creative ideas and visions for your future that are innovative and revolutionary. The ideas and visions for your future birthed at the time of the Leo New Moon are supported by the Sextile between Saturn and Pluto and the Trine between Saturn and Neptune. Having Saturn on board ensures the success and longevity of your visions, hopes and dreams for your future. Jupiter's opposition empowers you to stand in your truth and reveals any hidden areas that may undermine your success. Once aware of anything that may be holding you back you can choose to let it go. Taking steps to make the necessary changes about what has been revealed to you.

August 20, 8:45 pm - Full Moon

Corn Moon

The word corn once referred to any type of grain. Since this is when harvest season begins, this ritual is one of giving thanks. Surround a single white candle with whatever seasonal items you can gather--flowers, herbs and even fruits and vegetables. See if you can find some sunflowers or marigold for decoration as well. Harvest is a gathering time and in our personal lives, we go through cycles as well, like the seasons of planting,

growing and reaping. At this time, reward yourself for your hard work and accomplishments; reflect back on the goal you set in February. Perhaps make plans for a future harvest--prepare the land, metaphorically speaking. Give thanks for the harvest; ask for courage.

*Thanks for harvest, blessed yield, / Fruits and grain from the field.
I have gained, I have learned, / I've invested, I have earned.
I have given and received, / In hart times, I believed.
I give thanks and I ask / To be equal to the task.
Seasons end and start anew / Keep me strong, follow through.*

~ Ember Grant in [Llewellyn's 2013 Witches' Datebook](#)

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Metaphysical Fair in Oklahoma

If you're in Oklahoma, please join us at Gathering of the Wise, August 3 in NW Oklahoma City. Visit the Facebook page for more details. <https://www.facebook.com/events/172044969629657/>

Witch SuperCenter August Sale Items

Magickal Herb Kit, 75 Herbs - Regular Price \$54.99, Sale Price \$47.99
Pentacle Tote Bag - Regular Price - \$7.99, Sale Price - \$6.99
5" Cedar Smudge Stick - Regular Price - \$4.99, Sale Price - \$3.99
Magickal Correspondences eBook - Regular Price - \$4.99, Sale Price - \$3.99
Chamomile Spearmint Herbal Tea - Regular Price - \$5.99, Sale Price - \$4.99

To see all of our sale items, visit http://witchsupercenter.com/zencart/index.php?main_page=specials

Herb of the Month

Hops - Element - Water; Planet - Mars; Gender - Masculine; Parts Used - Fruit; Magickal Properties - Healing, Balancing; Uses - As a tea, drank before bedtime, it helps with a restful sleep; drank after magick acts to help balance and refocus oneself back to the everyday world; use in healing sachets and amulets; the dried herb is also burned during healing prayers.

To learn more about this and other herbs, get our Magickal Herbs eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120

Stone of the Month

Rhodonite - Rhodonite is associated with the element of fire and is also associated to the zodiac sign Taurus. It's said if you dream of this stone that it refers to stress in your life.

Wearing Rhodonite can help calm you and help aid with any confusion you may be feeling, even doubt. This stone can create a psychic barrier of sorts to help you calm down to rest eventually and keep yourself from having unwanted visitors.

Rhodonite helps us to express confidence and love on an everyday basis. It's actually considered to be balance gemstone, providing one with the balance his or her body or life needs in order to feel more at ease.

When Chakras are concerned this stone is effective on the second chakra, also known as the Naval Chakra and the fourth chakra, also known as the heart chakra.

In antiquity, rhodonite was given to travelers as a protective stone, it was said to warn them of imminent danger by causing the heartbeat to accelerate suddenly. It assists with using your skills to help others and helps with self-love & acceptance and self-healing.

Rhodonite is a stone of compassion, an emotional balancer that clears away emotional wounds and scars from the past, and that nurtures love. It stimulates, clears and activates the heart. Rhodonite grounds energy, balances yin-yang, and aids in achieving one's highest potential. It heals emotional shock and panic. Rhodonite aids in cases of emotional self-destruction, codependency and abuse. It encourages unselfish self-love and forgiveness. It promotes remaining calm in dangerous or upsetting situations, builds confidence and alleviates confusion.

Rhodonite relieves insect bites and can reduce scarring. It aids bone growth and the hearing organs. Rhodonite stimulates fertility. It treats emphysema, auto-immune diseases and stomach ulcers. It eases inflammation of joints and arthritis.

Rune of the Month

N Hagalaz (H: Hail.) – Wrath of nature, destructive, uncontrolled forces, especially the weather, or within the unconscious; tempering, testing, trial. Controlled crisis, leading to completion, inner harmony; Hagalaz Merkstave (Hagalaz cannot be reversed, but may lie in opposition): Natural disaster, catastrophe; Stagnation, loss of power; Pain, loss, suffering, hardship, sickness, crisis.

To learn more about this and other runes, get our Rune Dice Book at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124

Tarot Card of the Month

Karma

In the tarot, the notion of Justice is deeply tied to the notion of karma. Karma refers to the cycle of cause and effect and is central to several religions including Hindu and Buddhism.

Karma is an oft misunderstood and misapplied concept. It can be offered irresponsibly as a simplistic explanation for the misfortunes suffered by ourselves or others. The suggestion by some well-intentioned new age philosophers that serious illness is somehow a karmic manifestation is a good example of this.

On the other hand, there are responsible ways to apply the concept of karma when seeking to understand the Karma (aka Justice) card in tarot readings. The presence of the Karma card can be an invitation to ask ourselves: "Have my actions contributed to this outcome? Will they?"

Looking inward at how we have contributed to our current circumstances (through our attitudes and choices) is not easy. Turning up the Karma card in a relationship reading can, for instance, suggest that we need to ask ourselves how the relationship we have attracted reflects what we have put out into the world.

How many friends do we know that complain constantly about how they don't like drama in a relationship when we can see plainly that they are total drama queens themselves? If we constantly find ourselves attracted to unavailable or married people, does it reflect an underlying commitment-phobia within us?

In a career tarot reading, turning over the Karma card might inspire us to take a close look at how our choices (education, performance, attitude) have influenced our current circumstances. It could also inspire us to ask how our career choices are affecting the world or our family.

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107

Correspondence of the Month

Numbers

One – the number of essence, it is the symbol of identity, of equality, of existence, of conservation and of general harmony. Being without parts, a single unit announces order, peace and tranquility, which are founded on a unity of sentiments; consequently, one is a good principle. One represents new beginnings, new happenings, new potentials, self-completeness, beginnings, creativity, the individual and the positive. It represents The Universe, The Source, All.

Two – the origin of contrasts, it is the symbol of diversity, of inequality, of division and of separation. Two is an evil principle, a number of bad omens, characterizing disorder, confusion and change. Two represents balances, a balance of energy, gentleness, nature, imagination, romance, couples and love. It represents the Goddess and God working in harmony.

Three – the first unequal; it is the number containing the most sublime mysteries, for everything is composed of three substances. It represents divinity, the soul of the world, the spirit of man. It is meditation, atonement, completeness--beginning, middle and end. Three represents creativity, activity, results, ambition, control and authority over others and moving forward. It represents the Goddess' aspects – Maiden, Mother and Crone

Four – the first mathematical power, is also one of the chief elements. It represents the generating virtue, from which come all combinations; it is the perfect of numbers; it is the root of all things. This number gives the human soul its eternal nature. Four represents foundation, building, structure, stability, rest and health. It represents the elements.

Five – the number five has a peculiar force in sacred explanations: it is everything; it stops the power of poisons, and renders evil spirits powerless. Five represents action, energy, conflict, opposition, versatility, communication and impulsiveness. It represents the senses and the pentagram.

Six – a fortunate number, the number of luck and chance. It derives its merit from the first sculptors having divided the face into six portions. Six represents kindness, luxury, love, friendship, money, art, affection and health.

Seven – a number that is very powerful for good or for evil. It is the number of the entire cosmos. Seven especially belongs to sacred things. Seven represents spirituality, mysticism, imagination, psychic power, secrets, travel, change, intuition and clairvoyance. It represents power, protection and magick.

Eight – the number eight is the first cube, that is to say, squared in all senses, as a die, proceeding from its base two, an even number. Eight represents strength, perfection, karma, stability, intensity, strength, loneliness, hidden feelings, secrets, institutions, hospitals, health and long term illnesses. It is sacred to the God and is the number of

Sabbats in a year.

Nine – the square of three being nine, nine is regarded as the extent to which numbers would go with all others being embraced and revolving within it. Because ten recommences a fresh series capable of infinite expansion, nine is regarded as sacred and represents fruition, accomplishment, courage, completion, high spirituality and is a good number to incorporate in all spells. Nine is a number sacred to the Goddess.

Thirteen - the number of Esbats in a year, i.e. the number of full moons in a year.

To learn more about this and other correspondences, get our Magickal Correspondences eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118

Spell of the Month

Casting a Circle

A circle is cast at the beginning of a ritual or ceremony, creating sacred space. When we do this, we create energy and the circle is built to harness that energy, to keep it inside the circle until the participants are ready to release it into the universe to do its work. A circle protects the participants from harm and keeps prying eyes away. The casting of a circle is also the formal beginning of the ceremony.

To cast a circle, all participants must stand inside the area at their appointed posts (North, East, South, West). The practitioner uses a wand, athame or a sword to draw the lines of the circle. Drawing the circle usually begins in the North and is drawn three times in a doesil or clockwise manner while repeating an incantation such as the following:

"Welcome to this sacred space. We are joined here to call upon the spirits. As above" (Practitioner salutes the sky with the athame or wand) "So below" (Practitioner points to the ground). "We call upon the Goddess and the God (or any specific deities with whom you are working). Be with us now to guide and protect us and to aid in our magickal purpose. Hail and welcome."

Begin invoking the elements by facing the EAST. Burning incense and a bowl of sea salt mixed with water are in place on the altar. The practitioner raises her athame or wand and says:

"Hail Guardians of the watchtowers of the EAST,
Powers of AIR!

We invoke you and call you,
Golden Eagle of the Dawn,
Star-seeker, whirlwind,
Rising Sun, come!
By the AIR that is her breath,

Send forth your light.
BE HERE NOW!"

After saying the invocation for each direction, the practitioner traces an invoking pentagram in the air with the athame or wand and sprinkles the salt water three times while saying: "With salt and water I purify the EAST." The practitioners then draws a pentagram with the incense and says three times: "With fire and air, I charge the EAST."

Continue by facing each direction, going deosil (clockwise) and repeating the above actions (replacing EAST with the direction of the element you are calling) with the following invocations:

"Hail Guardians of the watchtowers of the SOUTH,
Powers of FIRE!
We invoke you and call you,
Red lion of the noon heat,
Flaming one, Summer's heat and warmth,
Spark of light, come!
By the FIRE that is her spirit,
Send forth your flame.
BE HERE NOW!"

"Hail Guardians of the watchtowers of the WEST,
Powers of WATER!
We invoke you and call you,
Serpent of the watery abyss,
Rain maker, gray-robed twilight,
Evening star, come!
By the WATERS of her living womb,
Send forth your flow.
BE HERE NOW!"

"Hail Guardians of the watchtowers of the NORTH,
Powers of EARTH!
Cornerstone of all power,
We invoke you and call you,
Lady of the outer darkness,
Black bull of midnight, North star,
Center of the stone, mountain, fertile field, come!
By the EARTH that is her body,
Send forth your strength.
BE HERE NOW!"

Standing at the North altar, the practitioner says:

"The Circle is Cast. We are between the worlds, beyond the boundaries of time, where night and day, birth and death, joy and sorrow, meet as one. The fire is lit, THE RITUAL IS BEGUN."

Everyone turns to one another and says "Merry Meet." Kissing each other on the cheek, say: "I join this circle in Perfect Love and in Perfect Trust."

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108