



March Newsletter

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Important March Dates

(All times are CST)

March 7, 11:14 am – New Moon

This New Moon in Pisces will focus on exploring the inner terrain of our being in order to discover and purge any lingering dark emotions, difficult karma, troublesome relationships, and thoughts that are preventing us from creating a blessed life full of positive energy and joy. Aspects of our selves or our lives may need to 'die' and be 'buried' in order for us to recharge, renew, and live our life fully again. As Persephone's return to the upper world heralds new growth and new life, so too will your return from the 'underworld.'

March 9, 2:00 am – Daylight Savings Time Begins

Don't forget to "spring" forward.

March 17 – St. Patrick's Day

Make sure to wear your green or you might get pinched.

March 20 – Ostara

Ostara

Animals/Mythical Creatures – unicorn, merpeople, pegasus, rabbit/Easter bunny, chicks, swallows, snakes

Gemstones – rose quartz, moonstone, amethyst, aquamarine, bloodstone, red jasper

Incense/Oil – African violet, lotus, jasmine, rose, magnolia, sage lavender, narcissus, ginger, broom, strawberry

Colors/Candles – gold, light green, grass green, robin's egg blue, lemon yellow, pale pink, anything pastel

Tools/Symbols/Decorations – colored eggs, baskets, green clothes, shamrock, equilateral cross, butterfly, cocoons, sprouting plants; violets, lily, spring wildflowers, new clothes, lamb, hare/rabbit

Goddesses – Eostre (Saxon Goddess of Fertility), Ostara (the German Goddess of Fertility), Kore, Maiden, Isis, Astarte (Persia, GrecoRoman), Ishtar (Babylonian), Minerva (Roman), Youthful Goddesses, Faerie Queen, Lady of the Lake (Welsh-Cornish), the Green Goddess

Gods – Hare, Green Man, Youthful Gods, Warrior Gods, Taliesin, Lord of the Greenwood (English), Dagda (Irish), Cernunnos (Greco-Celtic), Pan (Greek), Adonis (Greek)

Essence – strength, birthing, completion, power, love, sexuality, embodiment of spirit, fertility, opening, beginning

Dynamics/Meaning – the God comes of age, sexual union of the Lord & Lady, sprouting, greening, balance of light and dark

Purpose – plant and animal fertility, sowing

Rituals/Magick – spellcrafting, invention, new growth, new projects, seed blessing

Customs – wearing green, new clothes, Celtic bird festival, egg baskets coloring eggs, collecting birds eggs, bird watching, egg hunts, starting new projects, spring planting

Foods – light foods, fish, maple sugar candies, hot crossed buns, sweet breads, hard boiled eggs, honey cakes, seasonal fruits, milk punch, egg drinks

Herbs – acorns, celandine, tansy, cinquefoil, crocus, daffodil, dogwood, Irish moss, ginger, honeysuckle, iris, jasmine, rose, hyssop, linden, strawberry, violets

Element/Gender – air/male

Threshold – dawn

To learn more about this and other Sabbats, get our The Sabbats eBook at www.the-witches-apothecary.com/the-sabbats-ebook.html

March 21, 1:40 pm – Full Moon

With this Full Moon, nearly at the Vernal Equinox, and the final aspect of Moon trine Neptune, this is a great time to celebrate the forces of nature. With the Moon in Libra, this is also a very good time for divination. Any workings of an air nature not meant to produce mundane effects are also appropriate.

A ritual involving music (often associated with air) would be excellent. If you play a musical instrument, especially a wind instrument, incorporate that into a Full Moon ritual. Cast a circle and play a piece of music that you find particularly inspiring and lunar. If you prefer, bring a CD or MP3 player into your ritual and play appropriate music. Slow, mysterious, even discordant music that you particularly enjoy would be fitting. Flute music is especially suitable because it is a quintessential air instrument. Cast a circle, start the player and meditate on the music. Feel the music; let yourself become the music. Observe what images come to your mind as you listen. When the music is over, close the circle. If you are playing music on an instrument, you could dedicate the music to the element of air, to the Moon, or to a specific Moon deity.

- Magenta Griffith

March 23 – Christian Easter

New Items at The Witch's Apothecary

Magickal Herb Kit, 75 Herbs – <http://www.the-witches-apothecary.com/75-herb-k.html>

Triquetra Tote Bags - <http://www.the-witches-apothecary.com/triquetra-tote-bag.html>

Cast Iron Cauldron – <http://www.the-witches-apothecary.com/cast-iron-cauldrom.html>

Pentacle Tower Incense Burner – <http://www.the-witches-apothecary.com/pentacle-tower-incense-burner.html>

Round Pentacle Soapstone Box – <http://www.the-witches-apothecary.com/round-pentacle-box.html>

To see all of our new items, visit www.The-Witches-Apothecary.com

The Witch's Apothecary March Sale Items

Amethyst Pendulum – Regular Price \$17.99, Sale Price \$15.99

Herbal Sleep Tea – Regular Price \$5.99, Sale Price \$4.99

Book of Shadows eBook – Regular Price \$4.99, Sale Price \$3.99

Magickal Herb Kit, Sabbat Blends – Regular Price \$9.99, Sale Price \$8.99

Black Crush Velvet Cloak – Regular Price - \$54.99, Sale Price \$50.99

To see all of our sale items, visit www.The-Witches-Apothecary.com/saleitems.html

Herb of the Month

Bergamont ~ Element – Earth, Planet – Jupiter, Gender – Masculine, Parts Used – Root, Tops and Leaves, Magickal Properties - Money, Prosperity, Uses - Use the oil of this herb in attracting money. Carry a sachet with you to the Bingo parlor for luck in winning!

To learn more about this and other herbs, get our Magickal Herbs eBook at www.The-Witches-Apothecary.com/magickal-herbs-spells--recipes-ebook.html

Stone of the Month

Red Jasper – passion, blood magick, protection from nightmares (*fire*) It is known to promote beauty and grace. Believe it or not, it can ease the pain of childbirth!!! It is protective and especially useful in defensive magick – use this stone to send negativity directed at you back to the original sender. Increases mental processes and forms a barrier against dangerous desires and whims. It is also a great all-around good luck stone.

Rune of the Month

⚡ **Sowilo** (S: The sun.) – Success, goals achieved, honor. The life-force, health. A time when power will be available to you for positive changes in your life, victory, health, and success. Contact between the higher self and the unconscious. Wholeness, power, elemental force, sword of flame, cleansing fire. Sowilo Merkstave (Sowilo cannot be reversed, but may lie in opposition): False goals, bad counsel, false success, gullibility, loss of goals. Destruction, retribution, justice, casting down of vanity. Wrath of god.

To learn more about this and other runes, get our Rune Dice Book at www.The-Witches-Apothecary.com/rune-dice-divination.html

Tarot Card of the Month

Two of Pentacles – A young man juggles or (perhaps weighs) 2 propositions, deciding which to accept. The sea in the background represents his emotions, the ships his ideas. The ships are having difficulty staying afloat.

This card is about having the ability to handle more than one situation at a time; harmony in the face of change. The focus is on business losses or discouragements, and emotional trials due to difficult schedules. You are spreading yourself too thin. Focus on one thing, and keep an even keel. Pressures will ease and balance will be restored. Hope and cheer will be regained.

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at www.The-Witches-Apothecary.com/basic-tarot-card-readin.html

Correspondence of the Month

Elements

Earth – Earth is the element that rules the north and that is most stable and dependable. It represents abundance, prosperity, and wealth, and is creative but in a practical, physical manner. Earth is that which sustains all life and on which the other elements rest. Types of magick: gardening, grounding, magnet, image, stone, tree, knot, binding. These types of spells should be performed when the moon is in one of the astrological signs governed by this element: Taurus, Virgo, Capricorn.

Air – The element of air rules the east and is associated with mental processes and the mind. It is creative and is that which causes magickal intentions to manifest. It is also associated with higher consciousness and wisdom, divination, and purification. Types of magick: divination, concentration, prophecy, visualization, wind magick, karma. These types of spells should be performed when the moon is in one of the astrological signs governed by this element: Gemini, Libra, Aquarius.

Fire – The element of fire rules the south and is associated with change and passion. It is both physical and spiritual, being related to sexuality and to divinity. Fire magick is quickly manifested and filled with primal energy. Types of magick: candle, storm, time. These types of spells should be performed when the moon is in one of the astrological signs governed by this element: Aries, Leo, Sagittarius.

Water – The element of water rules the west and is associated with the subconscious mind, intuition, and emotions. As the primal substance of life, it is symbolized by the womb and is related to fertility. Types of magick: magick involving the sea, snow or ice, mirror, magnet, rain, cleansing and purification. These types of spells should be performed when the moon is in one of the astrological signs governed by this element: Cancer, Scorpio, Pisces.

To learn more about this and other correspondences, get our Magickal Correspondences eBook at www.The-Witches-Apothecary.com/magickal-correspondences-ebook.html

Spell of the Month

Altar Consecration

This is just a guide. You can place the objects any way you want. The objects I have on one of my altars are: candles, a chalice, a Willendorf statue, a Inanna statue, (both symbols of the Goddess), photos of and objects given to me by my ancestors, a cast iron cauldron for burning incense and various spell bottles and charm bags. I occasionally change my altar to add new things. During holidays I construct a special altar dedicated to the Sabbat. Have fun with it!

"Sweet Goddess
Creator of all that is
Thou from whom I came
And to whom I will ever return
I call upon thee now to come and bless my altar
And the work I do in thy name.
Please hear my vows to use
This sacred space of power
Only for loving and holy purposes.
So be it."

Cast the circle and meditate on your purpose.

"The circle is cast
The spell is made fast
Only the good can enter herein
The magick is made,
So let it begin."

Call on a Goddess you hold close to your heart (Isis, Venus, Diana, Gaia).

"Awake and come to me now and bless
My venture, hear my vows of devotion
And loyalty.
My pledge to be ever true
To myself and to you (Goddess's name)."
"I dedicate this altar
To myself and thee
I will never betray
Thy trust in me."

Close the circle.

"For the good of all
And with harm to none
The spell is sealed
And the magick is done."

To receive more spells, get our *Wicca 101 and Beyond: A Witch's Grimoire* eBook at www.The-Witches-Apothecary.com/book-of-shadows-ebook.html