



March Newsletter

In this Issue

Important March Dates
Witch SuperCenter March Sale Items
Herb of the Month - Basil
Stone of the Month - Leopardskin Jasper
Rune of the Month - Berkano
Tarot Card of the Month - The Sun
Correspondence of the Month - Flowers
Spell of the Month - Gaia Healing Spell

Important March Dates

(All times are CST)

March 8, 3:39 am - Full Moon

The Community Ant Moon

The Virgo Full Moon brings through the energy of practicality and the need for order in society. This energy is epitomized by Ant energy. These creatures have amazingly complex societies. Each ant has its job and lives to do the best job it can do for the community. Humans value individuality, but we can lose sight of community in our struggle to be unique and important.

On one hand, Ant asks if we are turning our backs on our communities as we look out for "Number One." On the other hand, Ant may warn you that you have lost sight of your own individuality. This is an ideal time to explore these choices in a very practical way. As an individual or with a community, such as a grove or coven, make three lists. One list records all the ways you feel both empowered as an individual and of service to your community. The other list includes ways you feel devalued, overworked, or put on a pedestal above the other community members. Brainstorm ways to bring balance to the situations described by list 2. Once you feel you have a useful third list, burn list 2 and bury the ashes in the earth. Ask the Great Mother to help you find a more balanced way of being in community.

~ Kristin Madden in [Llewellyn's 2012 Witches' Datebook](#)

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March 11, 2:00 am - Daylight Savings Time Begins

Remember to set your clocks forward one hour.

March 12, 2:49 am to April 4, 5:11 am - Mercury Retrograde

Three times every year for around three weeks' time, Mercury, the planet of communication turns retrograde. During this Mercury Retrograde period, time seems to come to a standstill, making it feel like one long break. It's a time to turn inward and re-evaluate, redo or revamp whatever has been done earlier. Do not venture into unknown areas taking risks. Be sure to back up your resources, double check all details, and prepare for delays or misunderstandings in life. Don't make any important changes because they might not materialize.

The first Mercury retrograde will bring major events of challenge, transition and transformation. In the July/August Mercury retrograde, the fiery energy of Leo activates the winds of change and creates situations that branch out into many new directions. The November Mercury retrograde gives our goals and aspirations a deeper perspective through Scorpio being activated during this process.

As Mercury slows down before the Retrograde period, we call it the Pre-Retrograde. Mercury starts losing power then and hence new ventures cannot do well in this period. Then, there is the Post-Retrograde when Mercury picks up or gains speed but is still moving slowly enough to cause a slow progress in the projects undertaken. During the Mercury Retrograde period it is best advised not to venture into any new territory and to stay put.

March 17 - St. Patrick's Day

Irish Soda Bread Recipe

Soda bread is a classic Irish St. Patrick's Day recipe and it's fabulous, soft (but with a crusty outside), chewy, and slightly sweet. Plus, because it's made with baking soda and baking powder, you don't need any yeast. This recipe makes individual soda breads (more like buns) that are packed with dried currants and are absolutely delicious.

Set out a basket of these buns with your stew, or serve with butter as an appetizer. Recipe makes 16 buns.

Ingredients:

4 C flour
1/4 C salted butter, softened
2 tbsp. granulated sugar
1 tbsp. baking powder
1 tsp. baking soda
1 tsp. salt

2 C dried currants (or you can substitute raisins)
1 lg egg, lightly beaten
1 3/4 C full-fat buttermilk

Instructions:

1. Heat your oven to 375 degrees F.
2. In a large mixing bowl, cut the butter into the flour (use two forks, a pastry cutter, or your hands) until it looks like coarse crumbs.
3. Stir in the sugar, baking powder, baking soda, and salt. Add the dried currants or raisins. Make a well in the center of this mixture. This is where you'll add your liquid ingredients.
4. In a separate bowl, beat together the egg and the buttermilk.
5. Pour buttermilk mixture into the well you've made in your flour mixture. Mix well with a wooden spoon.
6. Form dough into a ball and knead it on a lightly floured surface about 3-4 minutes.
7. With a sharp knife, divide the dough in half. Divide each half into eight portions, making 16.
8. Place your buns on a large, lightly greased baking sheet (they should stay a few inches apart), flatten slightly with your hand, and score (go about an inch deep) with an "x" shape using a very sharp knife. (Flouring the knife will help keep it from sticking.)
9. Bake about 20-25 minutes, or until golden. Let cool slightly before serving.

Tip: It's best not to cook this St Patrick's Day recipe on a dark-colored pan, as the bottoms will have a tendency to over-brown if you do.

March 20, 12:14 am - Ostara/Spring Equinox

Ostara

Animals/Mythical Creatures – unicorn, merpeople, pegasus, rabbit/Easter bunny, chicks, swallows, snakes

Gemstones – rose quartz, moonstone, amethyst, aquamarine, bloodstone, red jasper

Incense/Oil – African violet, lotus, jasmine, rose, magnolia, sage lavender, narcissus, ginger, broom, strawberry

Colors/Candles – gold, light green, grass green, robin's egg blue, lemon yellow, pale pink, anything pastel

Tools/Symbols/Decorations – colored eggs, baskets, green clothes, shamrock, equilateral cross, butterfly, cocoons, sprouting plants; violets, lily, spring wildflowers, new clothes, lamb, hare/rabbit

Goddesses – Eostre (Saxon Goddess of Fertility), Ostara (the German Goddess of Fertility), Kore, Maiden, Isis, Astarte (Persia, GrecoRoman), Ishtar (Babylonian), Minerva (Roman), Youthful Goddesses. Faerie Queen, Lady of the Lake (Welsh-Cornish), the Green Goddess

Gods – Hare, Green Man, Youthful Gods, Warrior Gods, Taliesin, Lord of the Greenwood (English), Dagda (Irish), Cernunnos (Greco-Celtic), Pan (Greek), Adonis (Greek)

Essence – strength, birthing, completion, power, love, sexuality, embodiment of spirit, fertility, opening, beginning

Dynamics/Meaning – the God comes of age, sexual union of the Lord & Lady, sprouting, greening, balance of light and dark

Purpose – plant and animal fertility, sowing

Rituals/Magick – spellcrafting, invention, new growth, new projects, seed blessing

Customs – wearing green, new clothes, Celtic bird festival, egg baskets coloring eggs, collecting birds eggs, bird watching, egg hunts, starting new projects, spring planting

Foods – light foods, fish, maple sugar candies, hot crossed buns, sweet breads, hard boiled eggs, honey cakes, seasonal fruits, milk punch, egg drinks

Herbs – acorns, celandine, tansy, cinquefoil, crocus, daffodil, dogwood, Irish moss, ginger, honeysuckle, iris, jasmine, rose, hyssop, linden, strawberry, violets

Element/Gender – air/male

Threshold – dawn

To learn more about this and other Sabbats, get our Sabbats eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=129

March 29, 9:37 am - New Moon

The new moon is the birthing cycle of the moon's various phases. The new moon phase is an optimal time for planning and seeding your intentions. Seedlings need a period of gestation before they break through the soil and reach for the sunlight. This is also true for our ideas and our desires. The dark side of the moon, with its mysterious unseen forces, offers a nurturing environment where our intentions can establish roots before their miraculous manifestations begin to sprout and reach out to the stars.

Ceremony for Birthing Your Wishes and Desires

Setting aside a few minutes each month during the new moon phase to focus on yours wishes and desires will help give you clarity of mind and fill your heart with promise. When it comes to setting goals or planning ahead for your future there is no better time to get started than during the new moon. Any intentions stated or written down carry power, so please take care in considering the things that you really want. The saying "Be careful what you ask for, you just might get it." is fair warning whenever setting your new moon intentions into motion. But, no worries. The moon has its phases and so do

our individual wants and needs. This is why it is a good practice to rededicate your list of intentions each month when another new moon visits.

Prep for Upcoming New Moon Manifestation

1. Check a Moon Phase Calendar for the next upcoming New Moon.
2. Set aside 20-30 minutes to do the ritual itself.
3. Supply suggestions:
 - * notebook
 - * pen
 - * candle
 - * matches
 - * incense
 - * smudge sticks
 - * meditation CDs
4. Prepare yourself a sacred space where to perform the ceremony when the new moon arrives

Setting your New Moon Intentions in Motion

1. Cleanse your sacred area with an opening prayer, a sage smudging, and/or by burning some incense.
2. Light one or more candles.
3. Center your being and calm yourself in whatever way is appropriate for you. Take some deep cleansing breaths, listen to a meditation CD and/or take a leisurely sip on a cup of relaxing herbal tea.
4. Open your notebook, and date the first page. Write down these words "I accept these things into my life now or something better for my highest good and for the highest good of all concerned" or something similar. Below your affirmation statement, begin writing down your desires. Your list may consist of only one item or you may have several pages written down. Try not to limit yourself. If having many things in your life helps to fulfill you then don't deny yourself wanting these things.
5. During the month when an item on your new moon list comes to you, don't merely cross it off of your list, take the time to rewrite the list in its entirety eliminating the manifested item from the listing. This is highly recommended. At the same time, you may add whatever else that you have decided you would like. Feel free to reword any of the original phrases if they better fit your life now. It is natural that your desires will change as time advances.

Rededicating your New Moon Intentions

Each month at the new moon rededicate your intentions by renewing your list at a repeated ritual. This is accomplished by rewriting your list using a fresh sheet of paper. Don't get in the habit of simply scratching out the items you no longer desire and adding the new stuff to the bottom of your old list. You don't want clutter and sloppiness energies messing up your new stuff do you? Disregard any items that no longer feed your soul and add new things that do.

It is helpful to salt and pepper your manifest list with smaller items that will manifest quickly, such as tickets to the ballet, lunch with a friend, or a day at the spa. You may think that smaller things are too trivial to put on your intention list... Wrong! Things that tend to manifest with little effort still deserve to be written down. Write down everything that you desire, no matter how little or simple. If it is something that makes you happy, write it down. Manifesting smaller items on our lists actually creates a steady flow of energy to the list. These smaller manifestations create movement, allowing an ebb and flow of the tides. We are dealing here with the moon cycles after all. Besides, sometimes we forget to appreciate the smaller pleasures in our lives while we are waiting for the BIG stuff to come in. If you only write statements like, "I want to win the lottery" in your notebook then you are limiting yourself by not allowing abundance to flow to you from other avenues.

Follow us on Twitter

We're now on Twitter. You can get updates when we add new products, announcements of local events and more. Follow us at <https://twitter.com/WitchSC>

Witch SuperCenter March Sale Items

Celtic Spiral Mortar & Pestle Set - Regular Price \$19.99, Sale Price \$17.99
Money Spell Kit - Regular Price - \$11.99, Sale Price - \$10.99
Magickal Herbs Kit, 75 Herbs - Regular Price - \$46.99, Sale Price - \$43.99
The Sabbats eBook - Regular Price - \$4.99, Sale Price - \$3.99
Herbal Sleep Tea - Regular Price - \$5.99, Sale Price - \$4.99

To see all of our sale items, visit

http://witchsupercenter.com/zencart/index.php?main_page=specials

Herb of the Month

Basil - Fire/Basil, Gender - Masculine, Parts Used - Flowery tops and leaves, Magickal Properties - Money and Riches, Protection, Love, Uses - Burn crushed powdered Basil while you announce your desire. You can also sprinkle a little on your person. Can be mixed with other herbs for protection and love.

To learn more about this and other herbs, get our Magickal Herbs eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120

Stone of the Month

Leopardskin Jasper (or Leopard Stone) - Leopardskin jasper is a stone of shamanic journeying, as well as aiding in service to others. It helps discover and connect one with given animal totems (or power animals), and makes it easier for one to take responsibility properly. This jasper is also useful in heightening creative visualization to gain the advantage.

As with all jaspers, this is a protective stone, and it is particularly protective during shamanic journeys. Physically, it helps eliminate toxins and decrease body odor. It is quite helpful in self-healing as well.

Rune of the Month

↳ **Berkano** (B: Berchta, the birch-goddess.) – Birth, general fertility, both mental and physical and personal growth, liberation. Regenerative power and light of spring, renewal, promise of new beginnings, new growth. Arousal of desire. A love affair or new birth. The prospering of an enterprise or venture. Berkano Reversed or Merkstave: Family problems and or domestic troubles. Anxiety about someone close to you. Carelessness, abandon, loss of control. Blurring of consciousness, deceit, sterility, stagnation.

To learn more about this and other runes, get our Rune Dice Book at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124

Tarot Card of the Month

The Sun

The Sun shines down on everything, giving warmth, life and joy. The Sun is the light at the end of the tunnel, the source of all that is wished for. Positively associated with happiness, greatness, enlightenment, vitality, good health, love, and fulfillment. Negatively associated with misjudgment, delays, potential failure, and inflated ego.

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107

Correspondence of the Month

Flowers

Rose Acacia – friendship

Amaryllis – beautiful but timid

Blue Bell – constancy
Buttercup – riches; memories of childhood
Camellia – gratitude; perfect loveliness
Carnation – pure and deep love
White Clover – I promise
Four Leaf Clover – be mine
Red Columbine – anxious and trembling
Dahlia – dignity and elegance
Daffodil – unrequited love
Garden Daisy – I share your feelings
Single Field Daisy – I will think of it
Dandelion – oracle; coquetry
Foxglove – insincerity; occupation
Rose Geranium – I prefer you
Honeysuckle – devoted love; fidelity
Hyacinth – constancy; benevolence
White Jasmine – amiability
Jonquil – desire; affection returned
Lavender – mistrust
Purple Lilac – first emotions of love
White Lily – majesty; purity
Lily of the Valley – return of happiness
Lupine – dejection
Magnolia – love of nature
Marigold – sacred affection
Garden Marigold – grief; chagrin
Mignonette – your qualities surpass your charms
Morning Glory – coquetry; affection
Myrtle – love in absence
Purple Pansy – you occupy my thoughts
Periwinkle – sweet memories
Phlox – our hearts are united
Pimpernel – rendezvous; change
Primrose – modest worth; silent love
Rhododendron – agitation
Rosebud – confession on love
Red Rose – I love you
White Rose – silence
Yellow Rose – infidelity, unfaithfulness
Snapdragon – presumption
Snowball – goodness; thoughts of heaven
Snowdrop – consolation; a friend in adversity
Sunflower – false riches
Sweet Pea – a meeting
Red Tulip – declaration of love
Blue Violet – faithfulness

White Violet – purity; candor; modesty

Zinnia – I mourn your absence

To learn more about this and other correspondences, get our Magickal Correspondences eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118

Spell of the Month

Witch's Protection Bottle

The following are the ingredients for a Witch's Protection Bottle and it works in two ways. It not only protects you, but it will deflect the harm towards you back to the originator. Get a glass jar such as a Mason jar, or even a baby food jar, anything that has a lid to it. Fill the jar halfway with small sharp objects such as pins, metal scrapings, broken glass, razor blades, etc. Be careful when you are filling the jar! Once the jar is half full with these objects, fill the jar up with a holy water mixture of salt and water. Put the top on the jar and be sure it's secured. This jar should be buried in the ground at least twelve inches deep. As long as the bottle remains in the ground, you will be protected from harm that is sent your way. If you bury the jar somewhere away from home, and you won't know if it will still be there in a year (City Witches don't always have backyards!), then be sure to repeat this process each year.

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108