



## March Newsletter

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### **Important March Dates**

(All times are CST/CDT)

#### **March 1, 2:00 am - New Moon**

The new moon sets the stage to a new spiritual awakening when it enters Pisces. Any time there is a new moon or full moon in a water sign, expect massive surges of water or snow, floods and large waves. Several days after the new moon in Pisces 2011, a tsunami hit Japan which caused massive damage causing the city to rebuild itself. The weather on the east coast was erratic too. One storm after the other has affected salt supplies and caused damage to streets and some even died. So, perhaps it's a wakeup call to appreciate what we have and to always be spiritual.

With every new moon, we are asked to examine our actions, reactions and how we handle conflict, love, and spirituality. Usually, when the new moon enters Pisces, many call it a spiritual moon because everyone has Pisces somewhere in his/her chart. This is because the Universal "God" is a Pisces and we are his/her children. Thus, this unconditional love and new beginning forces a spiritual love.

It's a time to be more loving towards yourself as well as others. This new moon will give enough energy to stop any self-destructive activities, dependences, or behaviors that have stalled our lives and those of people around us. The moon's energy will allow the awareness to use our strength to connect to our highest psyche, God, to help us manifest our dreams.

Almost everyone will be affected by this new moon in one way or another. The adjustment will open many doors to medicine and spirituality. The greater emphasis will be where Pisces is prominent in one's chart. It is vitally important to understand the Pisces affect.

The New moon will signal a time to weed out things with consideration and unconditional love. It's a good time to absolve those who have hurt you. It is time to let go of expectations, even if it means you have to cry and let it all go so that you can begin the healing process. There is a greater need to renounce with an open heart and go beyond time itself and journey through the spirit.

The new moon in Pisces normally is a time of tranquility, devotion, and planting seeds for spring. It is a time of earth rejuvenation when the first scents and stirrings of spring are so provokingly close. It's also a moon of Shiva who abolishes our imperfections in order to bring spiritual growth and progress. Shiva is the light that brings the higher place in our lives to hold life with humbleness, love, compassion, accepting, and sympathy.

This Pisces new moon represents a time of extreme responses. Self-destructive impulses can arise for those in the grip of cynicism. For many, it becomes more difficult to appreciate and value the quality of life. The power of emotional energy can be helpful if directed into pioneering activities and self-healing. However, there is a strong desire to simply slip into interference. It is better to indulge in constructive pastimes rather than yield to more vicious, distracting activities.

Gloomy tendencies can easily dominate under this New Moon. The influence of this New Moon can be especially difficult or demanding for those who were born under a New Moon phase, as well as for those of the mutable Sun Signs Virgo, Gemini & Sagittarius. Also, for those whose birth Moon is in Pisces, this New Moon can represent a critical time for potential accidents, hurts, negligence, and the undertaking of rash choices or judgments.

### **March 4 - Mardi Gras/Fat Tuesday**

Masqueraders moving  
King and Queen go forth  
Standing in a royal place  
A Jester joins their court

Princesses and maidens  
Searching through the crowds  
Seeking joy and happiness  
Underneath masked shrouds

Joined in jubilation  
The crowds now move about  
Searching for their happiness  
So joyful there's no doubt

Streets abound with laughter  
Dancing has begun  
Everyone related  
Masks have made them one

Constant stream of joyfulness  
Parades and floats go by  
Music fills the crowded streets  
Torches light the sky

Last hurrah of season  
Food and wine to last  
This in preparation  
For forty days of fast.

~ Francine Pucillo

### **March 9, 2:00 am - Daylight Savings Time Begins**

Remember to set your clocks forward one hour.

### **March 16, 12:08 pm - Full Moon**

Sap Moon

During the Sap Moon, the life force begins to manifest in all living things. Plants emerge from the earth, birdsong can be heard as well as the chatter of flowing water in streams as the ice melts. Early settlers knew the sap was moving and rising again. Sap, the precious, unseen life-giving fluid, rich with minerals that feeds every blade of grass, plant and tree, is responsible for turning our Earth green again.

During the Sap Moon, our own bodies respond to this surge of new life and nature's rhythm. We feel a quickening inside. Welcome its power by focusing on your growing energy. Ground and center; look at the Moon if possible. Light a cream-colored candle. Brew a cup of ginger tea and sweeten with honey, sip slowly. Feel the energy of your body growing from your feet to your head. Speak to the Sap Moon:

*As the Earth stirs and the ice melts,  
Sap Moon, your magical presence can be felt.  
As every river and stream starts to flow,  
I feel my own energy begin to grow.*

~ James Kambos in Llewellyn's 2014 Witches' Datebook -

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=848](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=848)

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## March 20, 11:57 am - Ostara

### Ostara

**Animals/Mythical Creatures** – unicorn, merpeople, pegasus, rabbit/Easter bunny, chicks, swallows, snakes

**Gemstones** – rose quartz, moonstone, amethyst, aquamarine, bloodstone, red jasper

**Incense/Oil** – African violet, lotus, jasmine, rose, magnolia, sage lavender, narcissus, ginger, broom, strawberry

**Colors/Candles** – gold, light green, grass green, robin's egg blue, lemon yellow, pale pink, anything pastel

**Tools/Symbols/Decorations** – colored eggs, baskets, green clothes, shamrock, equilateral cross, butterfly, cocoons, sprouting plants; violets, lily, spring wildflowers, new clothes, lamb, hare/rabbit

**Goddesses** – Eostre (Saxon Goddess of Fertility), Ostara (the German Goddess of Fertility), Kore, Maiden, Isis, Astarte (Persia, GrecoRoman), Ishtar (Babylonian), Minerva (Roman), Youthful Goddesses. Faerie Queen, Lady of the Lake (Welsh-Cornish), the Green Goddess

**Gods** – Hare, Green Man, Youthful Gods, Warrior Gods, Taliesin, Lord of the Greenwood (English), Dagda (Irish), Cernunnos (Greco-Celtic), Pan (Greek), Adonis (Greek)

**Essence** – strength, birthing, completion, power, love, sexuality, embodiment of spirit, fertility, opening, beginning

**Dynamics/Meaning** – the God comes of age, sexual union of the Lord & Lady, sprouting, greening, balance of light and dark

**Purpose** – plant and animal fertility, sowing

**Rituals/Magick** – spellcrafting, invention, new growth, new projects, seed blessing

**Customs** – wearing green, new clothes, Celtic bird festival, egg baskets coloring eggs, collecting birds eggs, bird watching, egg hunts, starting new projects, spring planting

**Foods** – light foods, fish, maple sugar candies, hot crossed buns, sweet breads, hard boiled eggs, honey cakes, seasonal fruits, milk punch, egg drinks

**Herbs** – acorns, celandine, tansy, cinquefoil, crocus, daffodil, dogwood, Irish moss, ginger, honeysuckle, iris, jasmine, rose, hyssop, linden, strawberry, violets

**Element/Gender** – air/male

**Threshold** – dawn

To learn more about this and other Sabbats, get our Sabbats eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&products\\_id=129](http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=129)

## March 30, 1:45 pm - New Moon/Black Moon

This is the second new moon in March and the second new moon in a month is called a Black Moon. This Black Moon is also the second of 2014. It is extremely rare to have two Black Moons in the same year. Those who study the concentration of energy, acknowledge that when the rare Black Moon comes about, it is one of the most powerful nights for casting. There is a direct line to the Goddess, and therefore an opening for Her to transmit Her energy to us. Many different traditions perform rituals on this night.

## Local Oklahoma City Event

If you're in Oklahoma, please join us at the 2014 Herb Fest presented by Art and Spirit Guild on March 22. For more information, please visit the web site at [artandspiritguild.org](http://artandspiritguild.org) or the Facebook event page at <https://www.facebook.com/events/739021609444215/>

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Visit our page at <https://www.facebook.com/pages/Witch-SuperCenter/126605954030625>

## Witch SuperCenter March Sale Items

Magickal Herb Kit, 92 Herbs - Regular Price \$66.99, Sale Price \$59.99  
5" Cedar Smudge Stick - Regular Price - \$5.99, Sale Price - \$4.99  
Handcrafted Book of Shadows, Triquetra Design - \$34.99, Sale Price - \$29.99  
Making Magickal Incense eBook - Regular Price - \$4.99, Sale Price - \$3.99  
Lemon Chamomile Herbal Tea - Regular Price - \$5.99, Sale Price - \$4.99

To see all of our sale items, visit

[http://witchsupercenter.com/zencart/index.php?main\\_page=specials](http://witchsupercenter.com/zencart/index.php?main_page=specials)

## Herb of the Month

**Ginger** - Fire/Jupiter; Gender - Masculine; Parts Used - Root; Magickal Properties - Success, Power and Money; Uses - Burn the crushed dried root for attracting money and success in a business endeavor, carry for power in a given situation (caution: please be sure you have thought out the situation and your stand on it before trying this one, it could backfire on you!), used in love wishes too as an added boost of power.

To learn more about this and other herbs, get our Magickal Herbs eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=120](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120)

## Stone of the Month

**Aquamarine** - This lovely gem evokes the sea in both its name and its color. The ancients saw this as a stone of courage and felt that carrying it would help them return safe and prosperous from sea voyages. It aids in compassion, and tolerance, and facilitates communication both with others and with the deeper self. It enhances the utilization of psychic powers and makes the mind more alert. It is excellent for cleansing and purifying. Aquamarine can be used in rituals to ensure good health. It soothes and

calms emotional problems and promotes peace, happiness, and joy as it halts fear. It is the stone of the Sea Goddesses, Psychism, the Goddess of courage.

Aquamarine cleanses and aligns the chakras and the etheric and mental bodies. It helps you to reduce fear and communicate with those around you in a loving and compassionate way, all while it is flushing out your lymph system. Aquamarine gems attract friends and friendly people to you. People you can trust and who show compassion for you. It is often used to calm disrupted situations with its ability to bring harmony. Aquamarine helps facilitate communication and is especially good to help couples work out their problems in a friendly and peaceful manner. Any time you and a loved one need to sit down and work through problems, place an aquamarine gemstone between you. It not only helps keep your emotions under control but also helps you find the most affective words to use in the situation.

If you need help with varicose veins, make an elixir by placing one or more aquamarine gemstones in a glass container of water. Leave it sitting outside overnight, preferably under the light of the full moon. The next day, lightly massage the elixir into the skin around the troubled area. This same gemstone elixir can be used to bathe joints affected by arthritis. The blue ray of the stone is cooling to the joint and helps to reduce inflammation and relieve pain. If you find yourself suffering from a sore throat, try wearing an aquamarine close to your neck. To help with allergies or immune system problems, wear one or more aquamarines near the heart so they can transmit their energies directly to the blood.

It has been said that if you need the powers of the aquamarine gemstone and want them to be as powerful as possible, wet the stone while drawing upon the powers of water. This doubles its strength.

To purify yourself with a water meditation, hold an aquamarine gemstone in your hands. Visualize water coming out of the stone and into your hands. See it swirl through your body removing all negativity and impurities as it washes through your body, then down your legs and out of your body via your feet. Allow the water to be soaked up by the earth where She will absorb and transmute the energies into something useful.

To calm the nerves, help heal emotional traumas or to prepare for a good night's sleep, take one or more aquamarine gemstones and wrap them in a cloth so they won't get lost beneath the water, then toss the cloth into a bath tub full of nice hot water. Step in, sit down, lean back, relax and allow the aquamarine to do its work.

## Rune of the Month

◇ **Ingwaz** (NG: Ing, the earth god) – Male fertility, gestation, internal growth; Common virtues, common sense, simple strengths, family love, caring, human warmth, the home; Rest stage, a time of relief, of no anxiety; A time when all loose strings are tied and you are free to move in a new direction. Listen to yourself. Ingwaz Merkstave (Ingwaz cannot be reversed, but may lie in opposition): Impotence, movement without change; Production, toil, labor, work.

To learn more about this and other runes, get our Rune Dice Book at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=124](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124)

## Tarot Card of the Month

**The King of Cups** - The King of Cups is the worldly and calm projection of authority. Finding him in your spread is most likely a reference to someone who will aid you in achieving your goals. This person may seem unconcerned, even distant, but motivations are pure. Whatever advice he/she gives will be important to you and should be considered in your own deliberations. If it does refer to you personally, it shows an inner strength and tightly disciplined control of emotions.

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=107](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107)

## Correspondence of the Month

### Time of Day

**Sunrise** – purification, business, success, study, travel, employment, breaking habits, guilt, jealousy, healing disease, conscious mind

**Noon** – magickal energy, physical energy, strength, protection, money, courage

**Sunset** – breaking addictions, weight loss, banishing, misery, pain, anguish, negative habits

**Night** – beauty, dreams, psychic dreams, awareness, sex, spirituality, purification, love, friendship, peace, releasing stress

To learn more about this and other correspondences, get our Magickal Correspondences eBook at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=118](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118)

## Spell of the Month

### Gaia Healing Spell

Perform this spell during an eclipse or a waxing moon phase. Arrange sea shells on a secluded beach, in the shape of a circle. If you do not have access to a beach, perform this ritual in a garden or forest using stones, branches or flowers to form the circle.

Kneel at the center facing the ocean. Light a blue candle and an incense of your choice. Raise arms high and recite:

"With smoke and flame this spell's begun.  
O Goddess of the stars, moon, and the sun,  
Let the healing power begin.  
Let the Earth be whole again."

"The Earth is my mother and I am her child.  
The earth is my lover, free and wild.  
Heal on the outside, heal within.  
Land and sea, fire and wind."

"With love sincere,  
I chant this prayer to make mankind  
Begin to care.  
Let every sister and every brother  
Heal the wounds of the Great Earth Mother."

"Let the healing power begin,  
Let the Earth be whole again.  
Heal on the outside, heal within.  
Land and sea, fire and wind.  
So mote it be!"

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=108](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108)