



May Newsletter

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Important May Dates

(All times are CDT)

May 1 - Beltane (crossquarter May 5)

Beltane

Animals/Mythical Creatures - the white cow, goats, giants, rabbits, honey bees, faeries, satyrs, pegasus

Gemstones - emerald, orange carnelian, sapphire, rose quartz, lazuli, sapphire, yellow agate, bloodstone

Incense/Oil - passion flower, frankincense, tuberose, vanilla, lilac, rose

Colors/Candles - red & white (symbolizing God and Goddess), dark green, dark yellow, rainbow spectrum, blue, pastels, all colors

Tools/Symbols/Decorations - maypole & ribbons, flower crowns, fires, bowers, fields, May baskets, white flowers and ribbons, daisy chain, flower chaplet, white wine in clear crystal glass, chalice, butter churn, blackthorn & hawthorn branches, seasonal fruit

Goddesses - May Queen, Flora, Maia, Flower Goddesses, Lady of the Greenwood, Divine Couples, and Goddesses of the Hunt, Aphrodite(Greek) Blodewedd (Welsh), Erzulie (Voodun), Baubo (Greek)Rhea (Cretean), Prithvi (Hindu)

Gods - May King, Jack in the Green, Horned God (European), Herne (Greek), Green Man, Bel (Celtic), Baal (Phoenician), Gods of the Hunt,

Essence - compassion, youthful play, exuberance, sensuality, pleasure, action

Dynamics/Meaning - sacred marriage of the Lord and the Lady, arrival of the Tuatha de Dannan in Ireland

Purpose - fertility festival, celebrate 1st day of Celtic summer, 1st day of the light half of the year

Rituals/Magick - The Great Rite, love, romance & fertility magick, elf & faery power, offerings to elementals, crop blessings, relighting sacred fires, divination, building shrines, fire-calling, honoring house guardians, snake dancing, bathing faces in the morning dew of May to retain their youthful beauty

Customs - maypole erection, dancing around the maypole, bonfires, jumping fire, mating, picking flowers, making flower baskets, frolicking throughout the countryside, archery tournaments, sword dances, feasting, drinking and music, moving the herds to high pasture

Foods - dairy, honey, oats, red fruits, herbal salads, red/pink wine punch, large round oatmeal/barley cakes, sweets

Herbs - almond, angelica, damiana, hawthorn, hibiscus, saffron, ash tree, bluebells, cinquefoil, daisy, frankincense, hawthorn, ivy, lilac, marsh marigold, meadowsweet, primrose, roses, woodruff, yellow cowslip, yarrow

Element/Gender - air/male

Threshold - dawn

To learn more about this and other Sabbats, get our The Sabbats eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=129

May 7, 12:00 am until May 30, 8:21 pm - Mercury Retrograde

Mercury usually turns retrograde three times a year -- however, in 2009 Mercury turns retrograde four different times. For this second retrograde of the year, Mercury turns retrograde in its own sign, Gemini, and it's a time for a thorough review for everyone. The normal Mercury-retro rules all apply: don't sign contracts; do not buy products that are communication-related, such as phones, mp3 players, and computers. The same goes for anything travel-related, such as cars and plane tickets.

May 8, 11:01 pm - Full Moon

The Flower Moon

Celebrate life and love under the May Full moon, as you honor the sacred union of the Goddess and the God. Kindle the coals of sensuality, fan the fires of romance, dance around the bright flame of love during this Moon of fertility, growth and wisdom. Whether you light a candle at home or a bonfire on the beach, enjoy the heat that helps us flower. Celebrate your body, the fertile vessel that you inhabit and celebrate the earth in which your seeds flourish. Witness their growth and flowers and bless the youthful fruits of your knowledge and wisdom in action. Work powerful creative magic as you reconnect with the eternal cycle of birth, life, death and rebirth. In this season, we are all born anew and know the magickal energy of spiritual rebirth.

*Merry Moon, Dyad Moon, Bright Moon be,
Let life spring abundant and grow within me.
Diana, Venus, Artemis, Pan,
Bless the union from which all life began.*

~ Dallas Jennifer Cobb

May 10 - Mother's Day

Mother's Day Ritual

Purification & Smudging
Form Circle

1. Communicate with 7 Directions:

Face East, raise arms towards the East, and say: *Spirits of the East, Grandmother Eagle, keeper of the dawn, hope of the new day, I give thanks for the sunrise and I ask you to bathe me in illumination.*

Face South, raise arms towards direction and say: *Spirits of the South, Coyote, Keeper of the flame of creation, I give thanks for hear and passion and ask you to make my will strong.*

Face West, raise arms towards the direction, and say: *Spirits of the West, Grandmother Dolphin, daughter of the sunset, keepers of the waters, I give thanks for cleansing rains and ask you to open my heart. Face North, raise arms towards the North, and say: Spirits of the North, Grandmother/ Grandfather Buffalo, keepers of the Mystery, I give thanks for healing silence and ask that I may grown in patience.*

Face above, raise arms towards the heavens and say: *Sun Mother/Father, radiant Protectors of the earth I give thanks for the love You shower on all life, and I ask that You fill my heart with warm generosity.*

Face Down, reach out your arms towards the Earth, and say: *Earth Mother sacred Life-Giver, I give thanks for your bounty and ask for abundance.*

Hold your stomach (solar plexus area and say: *I am the Center, and I give thanks for this life, night here, right now. I ask to be centered.*

Now breath deeply, all the qualities you prayed for fully and deeply into your center.

2. Opening Your Heart to Mother:

Put your hands over your heart and pray, saying: *Earth Mother open my heart to you. Help me to get closer to you in all ways. Let me serve you well. Bathe me in your Unconditional Love. Let me feel your healing wholeness. Let me share with you what is in my mind. I pray for your answer.*

Now, listen for an answer Mother. (This answer might come from something you notice in nature; the way a bird calls, the way an insect behaves, the sound of the wind in the leaves. Or her answer may come to you at the level of feelings, ideas, visualizations you may have.)

When you are finished with your communications to Earth Mother, thank her for her love and wisdom.

3. Give Thanks to Mother (in her many names and forms)

Let us recognize the many names and forms of Mother, by saying some of the many names:

Kali, Astarte, Mary, Hecate, Gaia, Athene, Artemis, Hera, Isis, Pavarti, Saraswati, Lokshmi, Mayra, Inanna, Cybele, Daene, Dorje Kwan Yin, Keyote Woman, White Bufallo Woman, Grandmother Moon, and Mother Earth.

5. Giving Thanks to the Universal Mother in her many names and forms, reflect on a specific gift of Mother, share with the group, and make an offering of rice.

6. Giving Thanks to our own Mother or Grandmother, reflect on a specific gift to you from your own Mother or Grandmother, share with the group, and make an offering of rice.

7. Close Circle:

Thank Spirits.

May 24, 7:11 am - New Moon

The New Moon in Gemini

Mercury is retrograde and the new moon is in Gemini.

This means that for the next few weeks we will be playing 'goundhogs day' with the events that took place from about April 21 - May 6. Expect to see and hear from those people again, expect to have the same information come across your desk (or inbox), expect to have those contracts you thought would be finished come back to you revised and changed. Expect the neighbor kids to play a lot of basketball in front of your house while shouting wildly, expect to get strange news from your siblings or co-workers. These are all things governed by Gemini.

On May 24th the NEW MOON triggers all this RETRO activity. Get ready because things should get very interesting for the next few weeks. It's all about negotiation (planets are in Gemini!) It's all about NEW BEGINNINGS after the 24th - but those new beginning negotiations could be bumpy because there will be review and re-review for the next few weeks (remember Mercury Retrograde?).

May 25 - Memorial Day

Freedom Is Not Free

*I watched the flag pass by one day.
It fluttered in the breeze.
A young Marine saluted it,
and then he stood at ease.
I looked at him in uniform
So young, so tall, so proud,
He'd stand out in any crowd.
I thought how many men like him
Had fallen through the years.
How many died on foreign soil?
How many mothers' tears?
How many pilots' planes shot down?
How many died at sea?
How many foxholes were soldiers' graves?
No, freedom isn't free.*

*I heard the sound of TAPS one night,
When everything was still
I listened to the bugler play
And felt a sudden chill.
I wondered just how many times
That TAPS had meant "Amen,"
When a flag had draped a coffin
Of a brother or a friend.
I thought of all the children,
Of the mothers and the wives,
Of fathers, sons and husbands
With interrupted lives.
I thought about a graveyard
At the bottom of the sea
Of unmarked graves in Arlington.
No, freedom isn't free.*

~ Kelly Strong

New Items at Witch SuperCenter

Inks & Book of Shadows Pages - http://witchsupercenter.com/zencart/index.php?main_page=index&cPath=5

Herb Chest - http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=575

Mortar & Pestle Sets - http://witchsupercenter.com/zencart/index.php?main_page=index&cPath=13

Abalone Shell - http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=549

Smudge Sampler Kit -

http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=564

Copper Pentacle Bracelet -

http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=571

To see all of our new items, visit http://witchsupercenter.com/zencart/index.php?main_page=products_new

Witch SuperCenter May Sale Items

Cast Iron Cauldron – Regular Price \$18.99, Sale Price \$16.99

2009 Witches' Datebook – Regular Price \$10.99, Sale Price \$8.79

Wicca Starter Kit w/Money Spell – Regular Price \$32.99, Sale Price \$29.99

Magickal Correspondences eBook – Regular Price \$5.99, Sale Price \$4.99

Doublemint Herbal Tea – Regular Price - \$5.99, Sale Price \$4.99

To see all of our sale items, visit http://witchsupercenter.com/zencart/index.php?main_page=specials

Herb of the Month

Orris Root - Water/Venus, Gender - Feminine, Parts Used - Root, Magickal Properties - Love, Attraction, Uses - Carry an amulet or sachet for drawing a new love, add to other love herbs to create a loving environment and stimulate the thoughts of love with someone, place small pinch's in the corners of the room to open a new love or burn during a new love wish, bathe for attraction of the opposite sex

To learn more about this and other herbs, get our Magickal Herbs eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120

Stone of the Month

Smoky Quartz - Smoky quartz is an excellent stone for removing negativity and negative energy of any kind and transforming it to positive energy. It is also a very protective and grounding stone. It brings physical, protection, psychic protection and protection from negative energy. It enhances survival instincts, and can help one reach personal and business goals, as well as assisting in making wishes come true. Smoky quartz is beneficial for groups, and engenders cooperation. It also helps with creativity, prioritizing needs and wants, and wisdom. In addition, smoky quartz is a stone that brings abundance, prosperity, and good luck.

Emotionally, smoky quartz is excellent for elevating moods, overcoming negative emotions, and relieving depression. Smoky quartz relieves stress, fear, jealousy, anger and other negative emotions by transforming them into positive energies. Smoky quartz is very comforting and calming, and can be considered a stone of serenity. It can, therefore, be very helpful in relieving grief.

In the psychic and spiritual realms, smoky quartz grounds one during meditation, and can provide a grounded link between the physical and higher selves, helping to uncover subconscious wisdom. Using smoky quartz during meditation enables you to reach higher states of consciousness. Smoky quartz also stimulates kundalini.

Because smoky quartz transforms and removes negative energy, it also protects and cleanses the aura and astral bodies. It can be used for psychic shielding.

Physically, smoky quartz is said to treat all kinds of problems associated with the lower torso including kidneys, abdomen, pancreas, reproductive organs, menstrual cramps, fertility issues. Smoky quartz also removes toxins from the body and helps the adrenal glands. It is also very helpful for regulating body fluids and relieving fluid retention. Smoky quartz is also excellent for dealing with hyperactivity, and attention deficit disorder. Smoky quartz is good for balancing and improving one's general health.

Smoky quartz is associated with the root (base) chakra.

Rune of the Month

⚏ Dagaz (D: Day or dawn.) - Breakthrough, awakening, awareness. Daylight clarity as opposed to nighttime uncertainty. A time to plan or embark upon an enterprise. The power of change directed by your own will, transformation. Hope/happiness, the ideal. Security and certainty. Growth and release. Balance point, the place where opposites meet. Dagaz Merkstave (Dagaz cannot be reversed, but may lie in opposition): A completion, ending, limit, coming full circle. Blindness, hopelessness.

To learn more about this and other runes, get our Rune Dice Book at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124

Tarot Card of the Month

The Hierophant - The Hierophant is a symbol of moral law and convictions. He is also a welcomed advisor and spiritual guide. Positively associated with advice, wise counsel, spiritual consolation, knowledge, identification, faith, conformity, and traditions. Negatively associated with misinformation, lack of faith, deviousness, bad advice, confusion, and disorderly conduct.

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107

Correspondence of the Month

Herbs & Incenses

Angelica Root - protection, healing, temperance
Basil - money & riches, protection, love
Chamomile Flowers - healing, prosperity
Cinnamon - protection, healing, love, passion, money
Clove - repelling negative influences
Coriander Seed - love, fertility, protection
Cumin - protection, fidelity, exorcism
Dill Weed - protection, love
Fennel Seed - protection, healing, purification
Flax Seed - money, protection, psychic powers, healing
Frankincense Tears - protection, purification, consecration, exorcism
Mugwort - protection, divination, clairvoyance
Myrrh Gum - high psychic vibrations, spirituality, purification, protection
Oregano - protection, love, warding off colds

Peppermint Leaf - purification, healing sleep, love, prosperity

Rosebuds & Petals - ultimate love, protection

Rosemary Leaf - contentment, love, protection, clear thinking, money

Sage Leaf - healing, purification

Sea Salt - cleansing, casting circles, purification, grounding, protection

To learn more about this and other correspondences, get our Magickal Correspondences eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118

Spell of the Month

To Obtain Money

Done During the Full Moon

Fill your cauldron half full of water and drop a silver coin into it. Position the cauldron so that the light from the moon shines into the water. Gently sweep your hands just above the surface, symbolically gathering the Moon's silver.

While doing this say...

Lovely Lady of the Moon, bring to me your wealth right soon. Fill my hands with silver and gold. All you give, my purse can hold.

Repeat this three times. When finished, pour the water upon the earth.

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108