



May Newsletter

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Important May Dates

(All times are CDT)

May 1 - Beltane

Beltane

Animals/Mythical Creatures - the white cow, goats, giants, rabbits, honey bees, faeries, satyrs, pegasus

Gemstones - emerald, orange carnelian, sapphire, rose quartz, lazuli, sapphire, yellow agate, bloodstone

Incense/Oil - passion flower, frankincense, tuberose, vanilla, lilac, rose

Colors/Candles - red & white (symbolizing God and Goddess), dark green, dark yellow, rainbow spectrum, blue, pastels, all colors

Tools/Symbols/Decorations - maypole & ribbons, flower crowns, fires, bowers, fields, May baskets, white flowers and ribbons, daisy chain, flower chaplet, white wine in clear crystal glass, chalice, butter churn, blackthorn & hawthorn branches, seasonal fruit

Goddesses - May Queen, Flora, Maia, Flower Goddesses, Lady of the Greenwood, Divine Couples, and Goddesses of the Hunt, Aphrodite(Greek) Blodewedd (Welsh), Erzulie (Voodun), Baubo (Greek)Rhea (Cretean), Prithvi (Hindu)

Gods - May King, Jack in the Green, Horned God (European), Herne (Greek), Green Man, Bel (Celtic), Baal (Phoenician), Gods of the Hunt,

Essence - compassion, youthful play, exuberance, sensuality, pleasure, action

Dynamics/Meaning - sacred marriage of the Lord and the Lady, arrival of the Tuatha de Dannan in Ireland

Purpose - fertility festival, celebrate 1st day of Celtic summer, 1st day of the light half of the year

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Rituals/Magick - The Great Rite, love, romance & fertility magick, elf & faery power, offerings to elementals, crop blessings, relighting sacred fires, divination, building shrines, fire-calling, honoring house guardians, snake dancing, bathing faces in the morning dew of May to retain their youthful beauty

Customs - maypole erection, dancing around the maypole, bonfires, jumping fire, mating, picking flowers, making flower baskets, frolicking throughout the countryside, archery tournaments, sword dances, feasting, drinking and music, moving the herds to high pasture

Foods - dairy, honey, oats, red fruits, herbal salads, red/pink wine punch, large round oatmeal/barley cakes, sweets

Herbs - almond, angelica, damiana, hawthorn, hibiscus, saffron, ash tree, bluebells, cinquefoil, daisy, frankincense, hawthorn, ivy, lilac, marsh marigold, meadowsweet, primrose, roses, woodruff, yellow cowslip, yarrow

Element/Gender - air/male

Threshold - dawn

To learn more about this and other Sabbats, get our Sabbats eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=129

May 3, 1:51 am - New Moon

New Moons signify rebirth, beginnings, a clean slate, the start of a new cycle. This new moon highlights Taurus qualities (determined, practical, devoted, grounded, dependable) and 2nd house themes (material security, values, self-worth). On a spiritual/higher plane, the Moon in Taurus seeks inner peace through stability and contentment. Taurus is natively ruled by Venus.

In Taurus, the Moon is said to be 'exalted' (in its best zodiacal sign placement). Perhaps the Moon's greatest "weakness" might be that she's too changeable. It isn't that she can't make up her mind or stick to it. Her decisions are based on her feelings/intuition. Her emotions vacillate as often as she moves one degree every few hours within the sign she is transiting and as she changes zodiac signs every few days. She dons the personality and experiences the wealth emotions from twelve different signs in about 30 days.

Taurus is the bull -- steadfast and reliable, with feet firmly on the ground. Taurus is also comfort-seeking which is a huge plus for the Moon. Simply put, Taurus offers the Moon what she needs -- emotional security -- which is probably all she really wants sometimes ... to be able to feel, yet not get lost in feelings or be driven to action solely by them.

The Taurus-New Moon (blending of heart & soul) forms a quincunx (an irritating link) with Saturn-rx (reality/restrictions). The New Moon in Taurus is one of two financially-related new moons we get this year. The link with Saturn in Libra could also give a focus on our relationships, including that which we have with the self or the relationship we have with money/material security.

The energy of this new moon might be extra challenging for those of us who are not quite ready to face facts, not mature enough to own up to our part, not committed to making the difficult but necessary changes, or unable to get past what's wrong/broken/unpleasant/unfair.

In addition to our financial status, this is new moon phase is an ideal time to re-evaluate our value system -- What do we truly value in life? How much of our energy are we exerting towards what is valuable to us? How about our own worth (material worth or self-worth)? Determine what is worth our precious time and build upon that.

Elsewhere in the sky, Mars (action/motivation) and Jupiter (expansiveness/opportunities) blend energies while both link harmoniously with the North Node (life path), giving us all a chance to make happen or move towards what we must/should or believe we must/should.

The moon will be new on May 2 at 1:51 am CDT and occurs at 13 degrees of Taurus. Those born within 3 days of May 2 or November 5; or have planets/house angles around 13 degrees of fixed signs may experience the effects of this new moon stronger than most.

May 8 - Mother's Day

This is a ritual for honoring mothers - your mother. It is a gratitude ritual for Mother's Day or for your mother's birthday or another special day. It is perfectly fine if your mother is not present for the ritual; in fact, you might feel much freer if your mother were not with you as you go through the activities suggested here. The ritual is perfect for a diverse group of men and women of all ages, as well as mature teens. It can be used by a family group, by a couple or by a single person, alone. If it is done in a group, the members of the group should already be comfortable with each other, as the ritual could make strangers feel quite vulnerable. If it is done by a couple, one person does the ritual first with the other prompting the inner work; the second person also acts as the scribe. The roles are then reversed and the second person does the ritual while the first scribes. If you are doing this ritual alone, simply read the parts that the leader would say as personal directions and things to ponder.

Materials needed:

A red cord or piece of yarn about 3 feet long for each person

A variety of beads or disks with central holes big enough to slip easily on the cord or yarn

Paper and writing instruments

Set up for ritual:

Everyone gathers in a comfortable place. Each person is given a red cord and the beads are made available. The group is formed into partners. Half of the group readies

themselves to perform the first part of the ritual while the partners, who are the scribes first, get ready to write.

Begin with the leader of the ritual saying: "We are gathered here to honor our mothers and the doorway through which we entered this earth plane. In order to bring the memory or the energy of our mothers into this room, let us each speak the name we had for our mother as children. If you had more than one person who mothered you, speak all the names. If you did not have a mother figure as a child, speak the name you had for your absent mother." One at a time, the members of the group speak the mother names into the room.

The leader continues, saying, "Our mothers, whether present or absent, loving or aloof, formed our lives, our personalities and our beliefs very significantly. We will move from today backward in time by decades remembering our mothers. You will share the most significant memory, impression, or lesson you have for a given decade about your mother with the group. Your scribe will write your memory for you to ponder later. As you speak a memory, choose a bead that appeals to you and tie it on the cord. Space your beads so that you use about two thirds of your cord for this memory work spacing the number of beads that corresponds to your number of decades - six decades - six beads, for example. Half of you will share with the whole group and half of you will scribe; then we will reverse the process."

The leader directs the oldest members of the group to begin first. If there are people present in their eighties, their ninth decade, they begin by speaking a memory or impression of their mother that they have had in their eighties. Their mother, most certainly will have passed, but her impact in their lives does not end with her passing. Proceed to the eighth decade, seventh decade and on down to the first decade of their lives. The group continues to share, scribe, and tie their beads. Then the leader continues slowly, with pauses to let the guided meditation deepen for the participants.

"I ask you now to tie a last bead on your cord signifying your birth. With eyes closed now remember anything you can about your birth or what you remember being told about your birth. Remember or imagine taking your first breath and feeling air on your skin for the first time. Remember leaving your mother's body. Take a moment to thank her in your own heart for giving you your entry into this life."

"Letting your fingers move away from the last bead as the cord continues to slip through your fingers; continue moving backward in time, although being in the eternal realm before birth there is not time as we know it. Remember the forming of your life's path and when you have the completion to this statement, 'I am coming into the world to'." Speak it to your scribe. Tie a knot into your cord for this memory and continue to remember other aspects of your life's purpose; speak them and tie a knot for each aspect of your soul's intention that comes to you." Let the partners accomplish this in hushed tones until the process comes to a natural ending. The leader then continues slowly.

"Now holding the end of the cord in one hand, move your other hand over the memories from the formless world and stop at the first bead: your birth. Imagine all that came together in the formless realm for you to be born into the world of time, space, and form. Imagine the divine ideas and plans, the nurturing and the nourishment, the sendoff from the realm of eternity, and the welcome of the world - all in the moment of your birth. Your mother, too, spans the realms of eternity and time by consenting, consciously or subconsciously, to be the doorway for you to have a life experience on earth."

"Reflect, for a moment, on the creative process that you are - beginning as an idea in the Mind of Spirit, having the consent and agreement of your parents, clothing yourself in flesh and purpose, and emerging into earthly time and space. Move your hands over the beads of your life and gather all the cord, beads, and knots into both hands which you hold in front of your heart in the traditional gesture of prayer. Your life memories have become your prayer beads."

"Now, ponder what wants to come into being through you now. See, behind your eyes, and feel all the elements coming together for the forming of that which wants to come through you from the realm of the formless into the realm of form - just like you did. Open your hands just a bit like opening a gateway for the creations to come into this world that are yours to create. Give consent for this new creation to come into being. If you can put it into words whisper it to your scribe. Pause, now, in prayer and give thanks to your mother for modeling the creative process for you as you came through her as a creation of Spirit."

After a moment reverse partners and repeat the process for those who were the scribes first. When the whole ritual is complete exchange the writing that has been scribed. The leader might suggest that the memories, the life purpose, and what wants to be created now are all related and worthy of additional spiritual contemplation. Everyone call an end to the ritual by holding their beads and saying, "Blessed be the mothers."

May 17, 6:09 am - Full Moon

Moon of the Singing Sword

This is the Scorpio Full Moon, the creature with a sharp, stinging tail. The tail is a weapon, but also a symbol of piercing intellect, penetrating thoughts and intense focus. Magick requires concentrated focus in the form of intent. Before any spell is cast, the Crafter must understand why it's being cast, the procedures and the desired outcome. This is the singing sword of the concentrated will that turns thought into energy.

The solitary Crafter may select a spell and start it three days before the Full Moon. Spend several minutes visualizing the goal. Say the goal aloud several times or repeat the charm or chant. Do this for two more days. With each repetition, the goal should be more clearly focused.

Covens can practice the cone of power, which charges the circle for ritual and spellwork. Crystal-ball gazing also develops focus, as does group chanting or spellcasting. (Everyone recites a spell or chant in unison three, six or nine times.) A final exercise is breathing in unison to music with a slow, steady beat. Thinking, meditating, chanting and breathing together sharpens group functioning like a whetstone on a sword blade.

~Elizabeth Hazel in [Llewellyn's 2011 Witches' Datebook](#)

May 30 - Memorial Day

Remembrance Ritual

The items you will need are:

- * A Bag of Gemstones:
 - o Crystal for light
 - o Turquoise for infinity
 - o Sodalite (3) for life and form - past, present, future
 - o Citrine for the golden ray of sun
 - o Moonstone for the light of the moon
- * A glass with a little red wine or juice
- * A plate of simple food (bread, fruit)
- * One black candle and matches

Bathe before the ritual and wear clean clothes. Ensure that you cleanse the stones of all unwanted energies.

Prepare your altar:

Put all the items on your clean altar. Put the black candle in a brass or silver candle holder, have the matches close by. Place the candle in the center of the altar. Arrange the stones in a circle around the candle. Place the wine and plate of food to the right outside the circle of stones. You may place photos of loved ones who have passed away on the altar if you want to honor them in this ritual. Flowers or greenery can also be used to give a festive feeling to your altar.

When everything is arranged take a moment of silence to ready yourself. Light your candle and while doing so, ask this Blessing:

Lift shadows dark; remove the veil
that distance separates no more
and loved ones hear our whispered hail
beyond the daylight's opened door

Now pick up the crystal stone and pass it over the fire, saying:

Reveal the mystery; sight unblind
what once was lost we now shall find

in purity of heart we ask
for meeting in our joyous task

Place the crystal back on the altar. Next, pass the turquoise over the fire, saying:

The daylight's heaven domed azure
brings comfort warmth and solace sure
but in its raiment blue we see
the measure of infinity

Place the turquoise back on the altar.

Next pass each sodalite (one by one) over the fire. Sipping from your glass of wine or juice, make a toast to the past, present and future souls with each sodalite.

Make a toast to the souls who have passed with the first piece of coral by saying:

What once upon the seas was cast
submerges to the shadowed past
but drinking from the cup explains
that all that was, now still remains!

Toast the souls of the present with the second sodalite, saying:

In life is change and spirits grow
what once was sown now learns to sow
our eyes shall wonder; voices cherish
hands may build what cannot perish!

Make a toast to those yet unborn with the third sodalite, saying:

What's been before remains unbending
while life unfurling toils unending
perfection is a song unsung
the hope remains what's yet to come!

Now pick up the citrine, and pass it over the fire, saying:

In golden warmth we touch the sun
a wealth unearthly makes us one
let earth and fire join our flow
united now within the glow!

Next pick up the moonstone, and pass it over the fire, saying:

Our sister moon presents reflection,
on mysteries hidden to inspection

a vantage to the world unseen
Her gift a mirror in between!

Allow the candle to safely burn until you go to bed, then snuff it out. The following morning, the food and drink can be returned to the earth as an offering of thanks. As you do so, say:

I make this offering
for blessings, guidance and protection
now and forevermore.

Keep your gemstones in a place of honor where they will be undisturbed. Use them again next year, but be sure to clean them of energies before the next ritual use.

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Witch SuperCenter May Sale Items

10% off Entire Stock of Incense Making Supplies -

http://witchsupercenter.com/zencart/index.php?main_page=index&cPath=17

Hand Crafted Triquetra Book of Shadows - Regular Price - \$34.99, Sale Price - \$29.99

Wicca Starter Kit w/Love Spell - Regular Price - \$32.99, Sale Price - \$27.99

The Sabbats eBook - Regular Price - \$4.99, Sale Price - \$3.99

Herbal Sleep Tea - Regular Price - \$5.99, Sale Price - \$4.99

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Herb of the Month

Rose - Fire/Venus, Gender - Feminine, Also attributed to the element of Water, and also the influence of Mars, Parts Used - Flowers, Magickal Properties - Ultimate Love, Protection, Uses - The ultimate in love wishes, this will aid in bringing a true lasting love and help also to mend any spats between you in an already committed relationship, the petals can be bathed with while thinking a new love to you, the dried flowers are burned in love wishes, sleeping with the flowers will protect your dreams, carry a sachet or amulet for protection against bodily injury or when working healing wishes

To learn more about this and other herbs, get our Magickal Herbs eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120

Stone of the Month

Rhodonite - Rhodonite has quite a distinct pink or rose red color, although material containing black veins is more popular than the uniform pink.

The word rhodonite is derived from the Greek word rhodon for rosy, although there is also reference that credited a Celtic word rhod, which means wheel, as the origins of the name.

In antiquity, rhodonite was given to travelers as a protective stone, it was said to warn them of imminent danger by causing the heartbeat to accelerate suddenly. It assists with using your skills to help others, helps with self-love & acceptance and self-healing.

Rhodonite is a stone of compassion, an emotional balancer that clears away emotional wounds and scars from the past, and that nurtures love. It stimulates, clears and activates the heart. Rhodonite grounds energy, balances yin-yang, and aids in achieving one's highest potential. It heals emotional shock and panic. Rhodonite aids in cases of emotional self-destruction, codependency and abuse. It encourages unselfish self-love and forgiveness. It promotes remaining calm in dangerous or upsetting situations, builds confidence and alleviates confusion.

Rhodonite relieves insect bites and can reduce scarring. It aids bone growth and the hearing organs. Rhodonite stimulates fertility. It treats emphysema, auto-immune diseases and stomach ulcers. Eases inflammation of joints and arthritis.

Rune of the Month

√ **Eihwaz** (EI: Yew tree.) - Strength, reliability, dependability, trustworthiness. Enlightenment, endurance. Defense, protection. The driving force to acquire, providing motivation and a sense of purpose. Indicates that you have set your sights on a reasonable target and can achieve your goals. An honest man who can be relied upon. Eihwaz Reversed or Merkstave: Confusion, destruction, dissatisfaction, weakness.

To learn more about this and other runes, get our Rune Dice Book at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124

Tarot Card of the Month

5 of Pentacles - The Five of Pentacles may literally signify a time of financial strife and this possibility must be considered. However, other meanings of this card arise in connection to your psychological state at the time of the reading and your attitudes and expectations about money. Just as the Four of Pentacles indicated a psychological attachment to money and a tendency to over-value this means of exchange, the Five of Pentacles is also likely to indicate an inner difficulty with your relationship to money and material things. This card may therefore indicate a lack of confidence which is reflected in your self-judgment. If money becomes the primary motivating force in life and the gauge by which we judge our worth, the lack of its abundance may produce anxiety and

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a sense of being excluded from the good things money can provide. In addition, if we encounter financial difficulties such as the loss of employment or an investment gone sour, we may fall into the trap of losing faith in our ability to recreate a positive financial situation for ourselves.

If you encounter the Five of Pentacles in a reading, you should not only consider your actual financial circumstances but also your attitudes toward money. What fears do you experience about money? Is there anxiety that there will never be enough, or do you have faith in your ability to manifest what you need to live a prosperous, fulfilled life?

The Five of Pentacles indicates failure and loss. This is applied more with regard to material loss than personal losses. You will experience troubles, dissension and possible loss in your work or career, as well as difficult dealings with others and/or a heated debate over papers or contractual agreements. Someone in your family will be unhappy about their finances, partner or an infidelity. The trouble is that you will be too emotionally exhausted to help or lend any comfort.

When this card isn't related to material problems, then it is a time of being alone, of feeling abandoned, of feeling ignored and unwanted. It tells of a need for support and comfort. This can be either giving or receiving. You need to learn to cope with stress and anxiety. Worries can paralyze your actions until you face their source, focus on the present and do what you can with what you have now. Stress management is a vital concern.

Five of Pentacles - Reversed Tarot Card Meaning

The Five of Pentacles reversed is about an end to difficult times. As the Five of Pentacles in the upright position is about loneliness, despair, loss, rejection, hardship and abandonment, the reversed Five of Pentacles signifies that this difficult period is coming to an end. You may be starting to feel as if life is worth living again and starting to regain your self-confidence. If you have experienced severe monetary problems or illness, these situations, too, are easing. A time for relief and breathing easier are at hand.

In a career reading, the Five of Pentacles reversed sees you coming through a time of isolation. Right now, you may feel like you have been left out in the cold or denied opportunities to progress in the organization. However, the reversal indicates that this period is ending and a new phase of growth is about to begin.

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107

Correspondence of the Month

Day of the Week

Monday - ruled by the Moon, spells involving emotions, the subconscious, domestic issues and feminine issues, a good day for psychic pursuits and dream work

Tuesday - ruled by Mars. spells for self-assertion, more energy, and courage, victory and passion are also indicated, as well as masculine goals in general

Wednesday - ruled by Mercury, spells involving mental issues, communication, education and self-expression, a good day for consulting oracles (tarot, runes), planning magickal work, and writing

Thursday - ruled by Jupiter, spells for prosperity and money, luck and business, a day for political power, influencing people in high places, law and courts

Friday - ruled by Venus, spells for love, friendship, beauty, sensuality, healing, peace and harmony, a good day for spells for artistic ability and creativity generally

Saturday - ruled by Saturn, spells to overcome obstacles, neutralizing harmful energy, binding and banishing, a day for protecting by blocking or pushing away negative forces

Sunday - ruled by the Sun, spells of many kinds may be done on Sunday, the Sun giving energy to them all, but best for healing and success, physical strength, obtaining goals, illumination, and initiating any magickal activity

To learn more about this and other correspondences, get our Magickal Correspondences eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118

Spell of the Month

Lust Enhancing Spell

one large fresh red rose petal
cinnamon
red sewing thread

Place the cinnamon in the center of the rose petal, and tie the petal shut with the red thread. Chant:

Red of life,
red of spice,
bring to me,
the spice of life.

Place the rose petal pouch in the path of the one you wish to lust for you. This spell is best cast on the new to waxing Moon for the purpose of obtaining the lust of another.

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108