



## May Newsletter

### In this Issue

Important May Dates

Witch SuperCenter May Sale Items

Herb of the Month - Rose

Stone of the Month - Tektite

Rune of the Month - Gebo

Tarot Card of the Month - The Moon

Correspondence of the Month - Elements

Spell of the Month - Lust Enhancing Spell

### **Important May Dates**

(All times are CDT)

### **May 1 - Beltane (Crossquarter May 5)**

#### Beltane

**Animals/Mythical Creatures** – the white cow, goats, giants, rabbits, honey bees, faeries, satyrs, pegasus

**Gemstones** – emerald, orange carnelian, sapphire, rose quartz, lazuli, sapphire, yellow agate, bloodstone

**Incense/Oil** – passion flower, frankincense, tuberose, vanilla, lilac, rose

**Colors/Candles** – red & white (symbolizing God and Goddess), dark green, dark yellow, rainbow spectrum, blue, pastels, all colors

**Tools/Symbols/Decorations** – maypole & ribbons, flower crowns, fires, bowers, fields, May baskets, white flowers and ribbons, daisy chain, flower chaplet, white wine in clear crystal glass, chalice, butter churn, blackthorn & hawthorn branches, seasonal fruit

**Goddesses** – May Queen, Flora, Maia, Flower Goddesses, Lady of the Greenwood, Divine Couples, and Goddesses of the Hunt, Aphrodite(Greek) Blodewedd (Welsh), Erzulie (Voodun), Baubo (Greek)Rhea (Cretean), Prithvi (Hindu)

**Gods** – May King, Jack in the Green, Horned God (European), Herne (Greek), Green Man, Bel (Celtic), Baal (Phoenician), Gods of the Hunt,

**Essence** – compassion, youthful play, exuberance, sensuality, pleasure, action

**Dynamics/Meaning** – sacred marriage of the Lord and the Lady, arrival of the Tuatha de Danann in Ireland

**Purpose** – fertility festival, celebrate 1st day of Celtic summer, 1st day of the light half of the year

**Rituals/Magick** – The Great Rite, love, romance & fertility magick, elf & faery power, offerings to elementals, crop blessings, relighting sacred fires, divination, building shrines, fire-calling, honoring house guardians, snake dancing, bathing faces in the morning dew of May to retain their youthful beauty

**Customs** – maypole erection, dancing around the maypole, bonfires, jumping fire, mating, picking flowers, making flower baskets, frolicking throughout the countryside, archery tournaments, sword dances, feasting, drinking and music, moving the herds to high pasture

**Foods** – dairy, honey, oats, red fruits, herbal salads, red/pink wine punch, large round oatmeal/barley cakes, sweets

**Herbs** – almond, angelica, damiana, hawthorn, hibiscus, saffron, ash tree, bluebells, cinquefoil, daisy, frankincense, hawthorn, ivy, lilac, marsh marigold, meadowsweet, primrose, roses, woodruff, yellow cowslip, yarrow

**Element/Gender** – air/male

**Threshold** – dawn

To learn more about this and other Sabbats, get our Sabbats eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&products\\_id=129](http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=129)

## **May 5, 10:35 pm - Full Moon**

The Healing Scorpion Moon

The venom of a scorpion can be deadly. Similarly, the stinging sarcasm of Scorpio hits frighteningly close to home. But like the Egyptian goddess Serket (her name means both "She who tightens the throat" and "She who causes the throat to breathe"), what hurts us can also heal us. In fact, scorpion venom has long been deemed an analgesic by the Chinese and is now being studied in Egypt as a painkiller.

On this Scorpio Full Moon, have the courage to move through pain into healing and strength. Take some time for an uninterrupted Scorpion meditation. Think about a painful personal experience. Start small, with a fairly minor hurt and move up gradually to more difficult situations. Close your eyes and breathe deeply. Imagine walking through a desert with scrub bushes, cacti and many different sizes of rocks. One small rock draws your attention--you turn it over to find a scorpion that stings you. The sting evokes all the memories and the pain of that experience you called to mind. Allow the pain to pass through you without resistance. How did you survive? What did you learn? How can it make you stronger? Feel resilience and strength fill your being as your healing begins.

~ Kristin Madden in [Llewellyn's 2012 Witches' Datebook](#)

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## **May 13 - Mother's Day**

Behold the mother with her newborn child!  
An icon of a hope that never dies.  
Death may label all we cherish lies,  
Yet this love lies too deep to be defiled.  
We clear an inner field where fate has smiled,  
Letting play the pleasures of surmise,  
Holding back all contrary replies,  
As though our thoughts might turn the winters mild.  
Despite the well-known travesties of time,  
Each time a child is born we dream anew,  
For only thus our losses are regained.  
Though we must share the destiny of slime,  
No passion in our palette is more true  
Than that which cradles innocence unstained.

~ Nicholas Gordon

## **May 20, 6:23 pm - Solar Eclipse, 6:47 pm - New Moon**

The Moon represents the mind, specifically the part of the mind with which we sense, receive and feel. (Mercury is in charge of the intellectual and analytical part of the mind.) The Moon receives and transmits the light of the Sun and generally indicates our level of mental stability, happiness and capacity to nurture life.

The Moon's energy grows weaker as the moon wanes, and stronger as the Moon waxes. Without other planets surrounding it, the Moon can cause feelings of loneliness or isolation. This may manifest for individuals as well, causing us to feel that we are facing changes without support or disturbed by feelings of loss or isolation.

Eclipses are traditionally viewed by astrology as sensitive times that can cause situations of instability. The action of this eclipse is the internalization of energy, and an association with intense spiritual practice and self-inquiry.

The general indications for the new Moon, due to the weak state of the Moon, are generally to avoid important actions and to conserve energy by restricting movement and focusing on meditative pursuits and self-care. This eclipse energy multiplies those indications.

Amavasya, the day of the new Moon actually starts during the afternoon of Saturday May 19 and ends in the late afternoon of Sunday, May 20, when the actual conjunction of Sun and Moon occurs. This is the time period to stay put and not plan too much. You will be free to wax and grow with the Moon starting on Monday, May 21.

## May 28 - Memorial Day

Why not plant a tree in memory of someone dear to you who has passed? The tree will live on and you can hang bird feeders, wind chimes or other personal reminders on it. You can also write thoughts or wishes on paper then attach them to branches.

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### Witch SuperCenter May Sale Items

Fluorite Drop Pendulum - Regular Price \$17.99, Sale Price \$15.99  
Wood Mortar & Pestle Set - Regular Price - \$10.99, Sale Price - \$8.99  
Deluxe Wicca Starter Kit with Love Spell - Regular Price - \$81.99, Sale Price - \$75.99  
Basic Tarot Card Reading eBook - Regular Price - \$4.99, Sale Price - \$3.99  
Peppermint Herbal Tea - Regular Price - \$5.99, Sale Price - \$4.99

To see all of our sale items, visit

[http://witchsupercenter.com/zencart/index.php?main\\_page=specials](http://witchsupercenter.com/zencart/index.php?main_page=specials)

### Herb of the Month

**Rose** - Element - Fire, Planet - Venus, also attributed to the element of Water, and also the influence of Mars, Gender - Feminine, Parts Used - Flowers, Magickal Properties - Ultimate Love, Protection, Uses - The ultimate in love wishes, this will aid in bringing a true lasting love and help also to mend any spats between you in an already committed relationship, the petals can be bathed with while thinking a new love to you, the dried flowers are burned in love wishes, sleeping with the flowers will protect your dreams, carry a sachet or amulet for protection against bodily injury or when working healing wishes.

To learn more about this and other herbs, get our Magickal Herbs eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=120](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120)

## Stone of the Month

**Tektite** - Tektites are used for wisdom, knowledge, and to help withstand mental or emotional "stumbling." They are also used to diminish or overcome challenges with mental processes. Psychically they are used for extraterrestrial communication, astral travel, and lucid dreaming. Tektites are also used to strengthen one's energy field.

## Rune of the Month

**X Gebo** (G: Gift.) – Gifts, both in the sense of sacrifice and of generosity, indicating balance. All matters in relation to exchanges, including contracts, personal relationships and partnerships. Gebo Merkstave (Gebo cannot be reversed, but may lie in opposition): Greed, loneliness, dependence, over-sacrifice. Obligation, toll, privation, bribery.

To learn more about this and other runes, get our Rune Dice Book at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=124](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124)

## Tarot Card of the Month

### The Moon

The Moon is a card of hidden and buried emotions. It casts an eerie light over everything. It represents hard travels and a rough inner journey. Positively associated with imagination, unexpected possibilities, and illumination. Negatively associated with fear, confusion, highly charged emotions, bewilderment, lies, and deceit.

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=107](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107)

## Correspondence of the Month

### Elements

**Earth** – Earth is the element that rules the north and that is most stable and dependable. It represents abundance, prosperity, and wealth, and is creative but in a practical, physical manner. Earth is that which sustains all life and on which the other elements rest. Types of magick: gardening, grounding, magnet, image, stone, tree, knot, binding. These types of spells should be performed when the moon is in one of the astrological signs governed by this element: Taurus, Virgo, Capricorn.

**Air** – The element of air rules the east and is associated with mental processes and the mind. It is creative and is that which causes magickal intentions to manifest. It is also associated with higher consciousness and wisdom, divination, and purification. Types of magick: divination, concentration, prophecy, visualization, wind magick, karma. These types of spells should be performed when the moon is in one of the astrological signs governed by this element: Gemini, Libra, Aquarius.

**Fire** – The element of fire rules the south and is associated with change and passion. It is both physical and spiritual, being related to sexuality and to divinity. Fire magick is quickly manifested and filled with primal energy. Types of magick: candle, storm, time. These types of spells should be performed when the moon is in one of the astrological signs governed by this element: Aries, Leo, Sagittarius.

**Water** – The element of water rules the west and is associated with the subconscious mind, intuition, and emotions. As the primal substance of life, it is symbolized by the womb and is related to fertility. Types of magick: magick involving the sea, snow or ice, mirror, magnet, rain, cleansing and purification. These types of spells should be performed when the moon is in one of the astrological signs governed by this element: Cancer, Scorpio, Pisces.

To learn more about this and other correspondences, get our Magickal Correspondences eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=118](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118)

## **Spell of the Month**

### Lust Enhancing Spell

one large fresh red rose petal  
cinnamon  
red sewing thread

Place the cinnamon in the center of the rose petal, and tie the petal shut with the red thread. Chant:

Red of life,  
red of spice,  
bring to me,  
the spice of life.

Place the rose petal pouch in the path of the one you wish to lust for you. This spell is best cast on the new to waxing Moon for the purpose of obtaining the lust of another.

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=108](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108)