



## May Newsletter

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## **Important May Dates**

(All times are CDT/CST)

### **April 9, 6:14 pm to May 3, 11:33 am – Mercury Retrograde**

**Mercury Retrograde** – Approximately every four months, for a period of about three weeks, Mercury has one of its infamous retrograde periods. Therefore, when Mercury turns retrograde by transit, think in terms of the possibility for communication breakdown. All types of communication have the potential for becoming confused, delayed or misunderstood. There can be confusion, changing of plans, indecisiveness, mail slowdowns, lost letters, transportation problems, electronic equipment breakdowns, and failures in negotiations. For these reasons, it is felt that the Mercury retrograde period is not a good time for signing contracts, scheduling negotiations, or launching new projects. It's a good time for planning and organizing anything that will be finalized after Mercury has returned to direct motion

They are a fine time to draw on knowledge and guidance from deeper levels of consciousness. The three weeks that Mercury is retrograde presents us with an opportunity for carefully considering all the possible ramifications of pending actions and decisions. We are encouraged to take care of unfinished business, especially business put into motion during the months following Mercury's last retrograde period and preceding the current retrograde period.

When a planet is retrograde, its energies are turned inwards. People experience the matters of that planet subjectively, and from within, rather than objectively and from without. This applies to all the planets which do go retrograde, both as transits in the sky and as they are in a natal chart.

In the dance of the planets, retrogrades are times when those planetary energies are regrouping, going over old ground and reemphasizing things which may have not been fully assimilated in the first pass. They are also a cosmic breathing space. The cycles are 'on hold' and we can take time to go within and assimilate the lessons we have learned through transits or aspects which occurred while the planet was direct in motion. They also give us a second chance to try dealing with those energies, if we either ignored their effect or didn't deal with them successfully the first time. They also give the cosmos a chance to 'rub it in' if we are particularly stubborn about learning a cosmic lesson we need to learn. This applies equally to all planets as they retrograde.

In general, any retrograde planet indicates matters ruled by that planet are secret, hidden and unrevealed. There is more to the matter than meets the eye. People indicated by that planet don't tell all, and further digging may be necessary to get the whole truth, if you are even able to get the whole truth at all. Also, those people may be unavailable or inaccessible, so you can't get to them to ask in the first place. A retrograde planet shows areas where we are holding back, adverse to moving or

progressing, and if there is movement, it is often coerced or forced or against our better judgment. A retrograde planet can also show conditions which are rundown, neglected, requiring care or attention; places or people which are poor or deprived or possibly ill or at some disadvantage like handicapped or restricted or disenfranchised. Retrogrades can also positively indicate a change of mind or heart, lost things found, returning to a previous state. It can break an impasse by returning to old matters and forcing a reexamination and reevaluation. It can cause a return of people who left (like a breakup), reuniting of long lost people (the relationship shown by the planet in question), or "going back to the old neighborhood" type scenarios. How long-lasting or permanent these things will be depends upon the people involved, and the planet's aspects to their natal charts.

Because Mercury is the planet of communication and everyday occurrences, its retrogrades cause the most problem in the everyday world. Mercury retrogrades about three times a year for about three weeks at a time. Track the periods of Mercury's retrogrades and see how the world becomes a bit more disorganized and confused. You get bigger traffic jams, more political gaffes, weirder TV and radio transmission problems. This retrograde is the most noticeable and upsetting to the world at large. As with any planetary phenomenon, there are things that are better done when Mercury is direct, and there are also things which can be better accomplished when Mercury is retrograde. Paying attention to these times can help you tune your actions to the cosmos, and be more effective in whatever you do.

## **May 1 – Beltane (Crossquarter – May 5)**

### Beltane

**Animals/Mythical Creatures** – the white cow, goats, giants, rabbits, honey bees, faeries, satyrs, pegasus

**Gemstones** – emerald, orange carnelian, sapphire, rose quartz, lazuli, sapphire, yellow agate, bloodstone

**Incense/Oil** – passion flower, frankincense, tuberose, vanilla, lilac, rose

**Colors/Candles** – red & white (symbolizing God and Goddess), dark green, dark yellow, rainbow spectrum, blue, pastels, all colors

**Tools/Symbols/Decorations** – maypole & ribbons, flower crowns, fires, bowers, fields, May baskets, white flowers and ribbons, daisy chain, flower chaplet, white wine in clear crystal glass, chalice, butter churn, blackthorn & hawthorn branches, seasonal fruit

**Goddesses** – May Queen, Flora, Maia, Flower Goddesses, Lady of the Greenwood, Divine Couples, and Goddesses of the Hunt, Aphrodite(Greek) Blodewedd (Welsh), Erzulie (Voodun), Baubo (Greek)Rhea (Cretean), Prithvi (Hindu)

**Gods** – May King, Jack in the Green, Horned God (European), Herne (Greek), Green Man, Bel (Celtic), Baal (Phoenician), Gods of the Hunt,

**Essence** – compassion, youthful play, exuberance, sensuality, pleasure, action

**Dynamics/Meaning** – sacred marriage of the Lord and the Lady, arrival of the Tuatha de Dannan in Ireland

**Purpose** – fertility festival, celebrate 1st day of Celtic summer, 1st day of the light half of the year

**Rituals/Magick** – The Great Rite, love, romance & fertility magick, elf & faery power, offerings to elementals, crop blessings, relighting sacred fires, divination, building shrines, fire-calling, honoring house guardians, snake dancing, bathing faces in the morning dew of May to retain their youthful beauty

**Customs** – maypole erection, dancing around the maypole, bonfires, jumping fire, mating, picking flowers, making flower baskets, frolicking throughout the countryside, archery tournaments, sword dances, feasting, drinking and music, moving the herds to high pasture

**Foods** – dairy, honey, oats, red fruits, herbal salads, red/pink wine punch, large round oatmeal/barley cakes, sweets

**Herbs** – almond, angelica, damiana, hawthorn, hibiscus, saffron, ash tree, bluebells, cinquefoil, daisy, frankincense, hawthorn, ivy, lilac, marsh marigold, meadowsweet, primrose, roses, woodruff, yellow cowslip, yarrow

**Element/Gender** – air/male

**Threshold** – dawn

To learn more about this and other Sabbats, get our Sabbats eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&products\\_id=129](http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=129)

## **May 10, 4:42 9m – Full Moon**

The full moon for the month of May is what you call the “Full Flower Moon”, also called the “Full Blessing Moon,” “The Corn Planting Moon,” and the “Bright Moon.” The first name is mostly due to the fact that flowers blossom and bloom in May. The second has its roots in corn planting just in time for harvesting. The third is because this full moon is known to be one of the brightest of the full moons.

This full moon is pregnant with energy and is very important in Wicca since it symbolizes the feminine divine. Witches like to perform their magickal workings at this time since the energy of the full moon lends itself well to more powerful spells and more effective spell casting.

This is the high time for magickal workings related to divining and protection, and also casting spells for healing, abundance, and prosperity. If you’re thinking of switching careers and jobs, this is the time to ask for guidance. To those with rune stones and crystals, this is the time to use them to draw power from the moon.

Join the **Moon Water Challenge** from your own sacred space this Full Moon. For more information, please visit <https://www.facebook.com/MoonWaterChallenge>

## **May 14 – Mother's Day**

### A Mother's Love

A mother gives her children  
Stepping stones to the stars  
Her love is unconditional  
Her heart has no bars

A mother teaches her children  
To be confident and bold  
Her special love for her children  
More valuable than silver or gold

A mother picks up her children  
And wipes away life's tears  
She scares away monsters in the night  
And silences life's fears

A mother celebrates  
Her children's accomplishments in life  
She hurts and cries with them  
When life brings times of strife

A mother shares her love freely  
With her tender loving way  
She grows more beautiful  
To her children with each passing day

Mother, I'm grateful  
for all these things that you do  
And on this special Mother's Day  
I want you to know how much I love you  
~ Kathryn Ann

## **May 26, 2:44 pm – New Moon**

The time of the new moon is a time of new beginnings. This period also represents the youthful aspect of the Goddess. In the form of the Maiden, she represents youth, change and a fresh start. Children can also be named and Dedications can be made. New Moons are great times to move, start new projects or cast new spells. It is also a good time to shed your past ills and to refresh yourself for coming trials.

The New Moon can be thought of as a time of learning. Don't be hesitant to try new spells at this time. You might also like to set in motion house protections or wards. Some Wiccans celebrate the exact night of Dark Moon by honoring the Crone aspect of the Goddess (such as Hecate), focusing on lessons they have learned in the past cycle and banishing negativity from their lives.

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**May 29 – Memorial Day**



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You can get recipes, updates when we add new products, announcements of local events and more. Follow us at <https://twitter.com/WitchSC>

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Visit our page at <https://www.facebook.com/WitchSuperCenter>

**\*\*\*New Witchcraft Academy Online Witchcraft School\*\*\***



[www.WitchcraftAcademy.com](http://www.WitchcraftAcademy.com)

Our Year and a Day Class covers most of the basics of Witchcraft. Each month, you will receive a package of Witchcraft Tools you will use to complete that month's 4 lessons. The lessons will be emailed to you, each week.

"I love getting my package each month. It's so convenient to have the supplies I need for the lessons mailed right to my house." Sherry P., Witchcraft Academy Student

...the first month package includes:

A porcupine quill pen  
Magickal Ink  
13 pages of linen paper  
4 quarter candles  
The Wiccan Rede on linen paper  
...the first month lessons are:

Casting a Circle  
Spell Writing  
The Elements  
Intent & Manipulating Energy

Each month for 12 months, a new package will arrive at your home and 4 new lessons will arrive in your email inbox. All for only \$25 a month. Please visit our web site for more details. [www.WitchcraftAcademy.com](http://www.WitchcraftAcademy.com)

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## New Items at Witch SuperCenter



This month we are featuring some amazing wands by Thornewood Creations. Each is individually hand crafted without the use of power tools. See them all here: [http://witchsupercenter.com/zencart/index.php?main\\_page=index&cPath=40](http://witchsupercenter.com/zencart/index.php?main_page=index&cPath=40)

## Witch SuperCenter May Sale Items

Kambaba Jasper Rune Set - Regular Price \$17.99, Sale Price \$15.99  
Tie Dye Pentacle Tote Bag - Regular Price - \$14.99, Sale Price - \$11.99  
Dream Interpretation eBook - Regular Price - \$4.99, Sale Price - \$3.99  
Herbal Allergy Relief Tea - Regular Price - \$5.99, Sale Price - \$4.99  
Deluxe Wicca Starter Kit w/Love Spell - Regular Price \$85.99, Sale Price \$79.99

To see all of our sale items, visit

[http://witchsupercenter.com/zencart/index.php?main\\_page=specials](http://witchsupercenter.com/zencart/index.php?main_page=specials)

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## Herb of the Month



**Rose** – Fire/Venus; Gender – Feminine, Also attributed to the element of Water, and also the influence of Mars; Parts Used – Flowers, Buds and Seeds; Magickal Properties - Ultimate Love, Protection; Uses - The ultimate in love wishes, this will aid in bringing a true lasting love and help also to mend any spats between you in an already committed relationship; the petals can be bathed with while thinking a new love to you; the dried flowers are burned in love wishes; sleeping with the flowers will protect your dreams; carry a sachet or amulet for protection against bodily injury or when working healing wishes

To learn more about this and other herbs, get our Magickal Herbs eBook at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=120](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120)

## Stone of the Month

**Carnelian** – This stone is excellent for increasing courage, especially in the shy. It helps to promote self-confidence while inducing peace. It offsets doubt and negativity. Carnelian is excellent for increasing sexual desires between couples and is very useful in spells relating to lust. It is very helpful in all forms of healing. It can also be used to guard against people who try to read your thoughts. Carnelian is associated with the 2nd Chakra, heightened sensuality, the abdomen, and the sign of Leo. It enhances physical energy, creativity, individuality, courage, and memory.



Not only dispelling negative energy in other stones, Carnelian is said to aid in removing negativity from the body, as well. It aids in past life recall, or finding a good mate. Carnelian is also known as the actor's stone, aiding in the creativity necessary for the dramatic arts.

Some very ancient metaphysical properties associated with Carnelian: In ancient Roman tradition, pale red (or orange) carnelian is related to the feminine and darker red carnelian is considered masculine. It is considered extremely sensitive to oils, acid and sunlight, the color becoming brighter with exposure to the sun.

It is also said that a Carnelian stone may be used for scrying by placing the stone in the sun for a few minutes, before gazing into it. Carnelian was used as a blood purifier and to stop bleeding.

Wear Carnelian to protect against fear and envy, and to help to banish sorrow. Carnelian may be also worn to calm the temper, promoting a cool head in an argument. It is said to lend dignity, contentment, and blessings.

These are just a few of the metaphysical properties associated with this orange/red stone. Carry Carnelian with you, to assist in any of these areas.

### Rune of the Month



**Eihwaz** (E: Horse, two horses.) – Transportation; May represent a horse, car, plane, boat or other vehicle; Movement and change for the better; Gradual development and steady progress are indicated; Harmony, teamwork, trust, loyalty; An ideal marriage or partnership; Confirmation beyond doubt the meanings of the runes around it. Ehwaz Reversed or Merkstave: This is not necessarily a negative rune. A change is perhaps craved, Feeling restless or confined in a situation, Reckless haste, disharmony, mistrust, betrayal.

To learn more about this and other runes, get our Rune Dice Book at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=124](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124)

### Tarot Card of the Month

**The Seven of Pentacles** - The Seven of Pentacles is very often a card about returns on investments. This can be literal such as a bank account returning money to you, or figuratively, such as the investments of time, effort, and energy that you have put into a relationship. You will be reaping what you have sown. This is generally positive.

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at



[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=107](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107)

## Correspondence of the Month

### Astrological Phases of the Moon



**Waxing Moon** – beginnings, health, beauty, fertility, psychic awareness, positive magick

**Full Moon** – all positive spells, protection, love, healing, money, travel, purification

**Waning Moon** – banishment, disease, negative thoughts, jealousy, hurt, renewal

**New Moon** – new ventures, new beginnings, love, romance, health, job hunting, exploring and understanding our angers and passions

To learn more about this and other correspondences, get our Magickal Correspondences eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=118](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118)

## Spell of the Month

### Moon Bathing and Purification Rite

You will need a cup, bowl, or chalice of silver. Glass is the best substitute. On the night of a full moon, set the chalice outside or in a window to absorb the moon's lunar rays and energy. Leave it there for a few hours before the ritual.

Place the chalice with water in it, in your non-dominant hand and place your other hand over the top of it. To empower the water, say:

"By the silver light of Lady Moon,  
By my hand and will so sure,  
By all that is Blessed, true and strong,  
I bid you, Cleanse me Pure."

Now, take a moon bath, or anoint yourself with the blessed water. Anoint your feet:

"Silver Mother of the Night,  
Bless my feet that they may always walk securely  
Upon your sacred path."

Anoint the forehead:

"Mother of all Life,  
Be in my spirit, my magick, and my visualizations.  
Fill me with your creative energy,  
And cleanse me from thoughts unworthy of your child."

For the moon bath, say:

"By the Silver light of Lady Moon,  
By my hand and will so sure,  
By all that is Blessed, true and strong,  
I bid you, Cleanse me Pure.  
May both my hands the good works do,  
My feet walk firm the path,  
My head and heart stay free from harm,  
As I take this sacred bath."

Now is the time to meditate on your goals. Allow the water to drain before you leave the bath. As it is draining, imagine all the negativity being sucked away.



"I am free from all unworthy influences,  
Fit to meet, greet, and be the Goddess.  
As I was in the beginning of time,  
I am now, and will always be.  
So mote it be!"

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at  
[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=108](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108)