



## May Newsletter

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## Important May Dates

(All times are CDT)

### May 1– Beltane (Crossquarter May 5)

#### Beltane

**Animals/Mythical Creatures** – the white cow, goats, giants, rabbits, honey bees, faeries, satyrs, pegasus

**Gemstones** – emerald, orange carnelian, sapphire, rose quartz, lazuli, sapphire, yellow agate, bloodstone

**Incense/Oil** – passion flower, frankincense, tuberose, vanilla, lilac, rose

**Colors/Candles** – red & white (symbolizing God and Goddess), dark green, dark yellow, rainbow spectrum, blue, pastels, all colors

**Tools/Symbols/Decorations** – maypole & ribbons, flower crowns, fires, bowers, fields, May baskets, white flowers and ribbons, daisy chain, flower chaplet, white wine in clear crystal glass, chalice, butter churn, blackthorn & hawthorn branches, seasonal fruit

**Goddesses** – May Queen, Flora, Maia, Flower Goddesses, Lady of the Greenwood, Divine Couples, and Goddesses of the Hunt, Aphrodite(Greek) Blodewedd (Welsh), Erzulie (Voodun), Baubo (Greek)Rhea (Cretean), Prithvi (Hindu)

**Gods** – May King, Jack in the Green, Horned God (European), Herne (Greek), Green Man, Bel (Celtic), Baal (Phoenician), Gods of the Hunt,

**Essence** – compassion, youthful play, exuberance, sensuality, pleasure, action

**Dynamics/Meaning** – sacred marriage of the Lord and the Lady, arrival of the Tuatha de Dannan in Ireland

**Purpose** – fertility festival, celebrate 1st day of Celtic summer, 1st day of the light half of the year

**Rituals/Magick** – The Great Rite, love, romance & fertility magick, elf & faery power, offerings to elementals, crop blessings, relighting sacred fires, divination, building shrines, fire-calling, honoring house guardians, snake dancing, bathing faces in the morning dew of May to retain their youthful beauty

**Customs** – maypole erection, dancing around the maypole, bonfires, jumping fire, mating, picking flowers, making flower baskets, frolicking throughout the countryside, archery tournaments, sword dances, feasting, drinking and music, moving the herds to high pasture

**Foods** – dairy, honey, oats, red fruits, herbal salads, red/pink wine punch, large round oatmeal/barley cakes, sweets

**Herbs** – almond, angelica, damiana, hawthorn, hibiscus, saffron, ash tree, bluebells, cinquefoil, daisy, frankincense, hawthorn, ivy, lilac, marsh marigold, meadowsweet, primrose, roses, woodruff, yellow cowslip, yarrow

**Element/Gender** – air/male

**Threshold** – dawn

To learn more about this and other Sabbats, get our Sabbats eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&products\\_id=129](http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=129)

### May 5 – Cinco de Mayo

Mexican Independence Day

### May 13 – Mother's Day

"There's no way to be a perfect mother and a million ways to be a good one." Jill Churchill

## **May 15, 6:48 am – New Moon**

At this new moon, any fame will come with a certain amount of notoriety. This period is good for those who can make a career out of doom and gloom. Others could find the pain that comes with such a sensitive moon intolerable.

The temptation to self-medicate with drugs (Especially alcohol) can be high at this time and depression could be a problem too. There is a tendency toward self-destruction and those touched by this moon might feel their lives are fated, even cursed for the next month. However, at the end of this period, you might realize that if fate hasn't killed you, then it has actually made you stronger! Generally, the Moon in Taurus supports those who are life's troopers! Bruised and sometimes battered, they will get back up to proudly show off their battle scars.

Around this new moon, there can be night terrors; dreams will be extremely vivid and can sometimes be prophetic. (Especially if the media are banging war drums about evil Russia and the threat of nuclear war!) On the positive side, dreams can also be uplifting and inspiring if we switch off the news for long enough. A ritual to banish phobias and paranoia would be good at this time.

## **May 28 – Memorial Day**

"A hero is someone who has given his or her life to something bigger than oneself." Joseph Campbell

## **May 29, 9:20 am – Full Moon**

### Bee Balm Moon

A balm is something that soothes. Bee balm is a native North American herb that is so soothing when taken as a tea that Europeans gladly took it back to the continent in the 1700s. This pleasant herb with its scarlet flowers (*Monarda didyma*) is often called Oswego tea after the Native American tribe in the New York area that showed colonists how to use it. Also referred to as bergamot, it should not be confused with orange bergamot (*Citrus aurantium*).

For a refreshing, minty start to the morning, make some lunar tea under the bee balm Full Moon. Pick a handful of the monarda leaves for each cup of tea. Put them in a glass or ceramic bowl and place where the Moon's rays will hit the bowl. Cover the leaves with cool water and cover the bowl with a glass plate or a piece of clear food wrap. In the morning, strain and sweeten to taste, or use to ground yourself after a Full Moon ritual. If you like, float a few of the scarlet petals from the flower in your cup. Like cold-brewed coffee, this gentle method of making a tea unleashes the delicate oils that hot water can sometimes evaporate away.

~ JD Hortwort in *Llewellyn's Witches' Datebook 2018*

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Join the **Moon Water Challenge** from your own sacred space this Full Moon. For more information, please visit <https://www.facebook.com/MoonWaterChallenge>

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You can get recipes, updates when we add new products, announcements of local events and more. Follow us at <https://twitter.com/WitchSC>

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Visit our page at <https://www.facebook.com/WitchSuperCenter>

## **Witchcraft Academy Online Witchcraft School**

[www.WitchcraftAcademy.com](http://www.WitchcraftAcademy.com)

Our Year and a Day Class covers most of the basics of Witchcraft. Each month, you will receive a package of Witchcraft Tools you will use to complete that month's 4 lessons. The link to the lessons will be emailed to you and sent with your package each month.



"I love getting my package each month. It's so convenient to have the supplies I need for the lessons mailed right to my house." Sherry P., Witchcraft Academy Student

...the first month package includes:

- A dip pen
- Magickal Ink
- 13 pages of linen paper
- 4 quarter candles
- The Wiccan Rede on linen paper

...the first month lessons are:

- Casting a Circle
- Spell Writing
- The Elements
- Intent & Manipulating Energy

Each month for 12 months, a new package will arrive at your home and 4 new lessons will arrive in your email inbox. All for only \$25 a month. Please visit our web site for more details. [www.WitchcraftAcademy.com](http://www.WitchcraftAcademy.com)

## Witch SuperCenter May Sale Items

Apothecary Mortar & Pestle Set - Regular Price \$18.99, Sale Price \$16.99  
Cedar Smokeless Smudge Spray - Regular Price - \$6.99, Sale Price - \$5.99  
Healing Herbal Teas eBook - Regular Price - \$4.99, Sale Price - \$3.99  
Fragrant Floral Herbal Tea - Regular Price - \$5.99, Sale Price - \$4.99  
Deluxe Wicca Starter Kit w/Love Spell - Regular Price \$95.99, Sale Price \$87.99

To see all of our sale items, visit

[http://witchsupercenter.com/zencart/index.php?main\\_page=specials](http://witchsupercenter.com/zencart/index.php?main_page=specials)



### Herb of the Month

**Patchouli** – Earth/Sun; Gender – Masculine; Parts Used - The whole Herb; Magickal Properties - Passionate Love, Fertility, Business Growth; Uses - Used primarily in attracting a powerful passionate love, burned for new business growth and also placed in the garden to help it grow healthy; worn in a sachet or an oil for fertility; also used with other Earth element herbs for divination and increasing psychic awareness

To learn more about this and other herbs, get our Magickal Herbs eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=120](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120)

### Stone of the Month

**Emerald** - Emerald benefits spiritual qualities of the person: ability to meditate, insightfulness, ability to understand the motives of others; Emerald nurtures love, kindness and serenity. Consequently, it is regarded as a powerful remedy aiding in balancing the nervous system. Positive energy associated with its pleasant shade of green brings enjoyment and pleasure. Emerald strengthens health and brings longevity; it possesses enormous positive energy and is able to neutralize negative influences. Emerald helps to predict the future. It is also believed to protect against snakes' bites. According to one legend, seeing an Emerald is fatal for poisonous snakes, as they are blinded by it. The Emerald wearer will be free from melancholy and cares. It is also of use to those who wish to learn secrets and to penetrate the future. It prevents storms and drives away malicious intent.





## Rune of the Month

**Wunjo** (W or V: Joy.) – Joy, comfort, pleasure; Fellowship, harmony, prosperity; Ecstasy, glory, spiritual reward, but also the possibility of going "over the top." If restrained, the meaning is general success and recognition of worth. Wunjo Reversed or Merkstave: Stultification, sorrow, strife, alienation; Delirium, intoxication, possession by higher forces, impractical enthusiasm; Raging frenzy, berzerker.

To learn more about this and other runes, get our Rune Dice Book at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=124](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124)

## Tarot Card of the Month

**The Queen of Cups** – The Queen of Cups rules the emotional realm. She is the woman whose throne is right on the ocean's edge, and water is typically symbolic of the unconscious and feeling. Her position at the shore indicates that she lies between land and sea, the place where feeling and thought exist. She holds a cup that has handles shaped like an angel. This cup is closed, which is why the Queen of Cups symbolizes the thoughts that come with our unconscious mind. The queen sits alone, which allows her to think. The calmness of the water and the sky symbolizes the serene mind of the queen. Her feet are not touching the water, which stands for her looking at her thoughts and feelings from the outside.



To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=107](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107)

## Correspondence of the Month



### Moon Signs

**Moon in Aries** – spells involving authority, willpower and rebirth

**Moon in Taurus** – spells involving love, real estate, and money

**Moon in Gemini** – spells involving communication, public relations and travel

**Moon in Cancer** – spells involving domestic life and honoring lunar deities

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**Moon in Leo** – spells involving power over others, courage, child birth  
**Moon in Virgo** – spells involving employment matters, health and intellectual matters  
**Moon in Libra** – spells involving court cases, partnerships and artistic matters  
**Moon in Scorpio** – spells involving secrets, power and psychic growth  
**Moon in Sagittarius** – spells involving publications, sports and the truth  
**Moon in Capricorn** – spells involving career, political matters and ambition  
**Moon in Aquarius** – spells involving science, freedom, personal expression, problem solving and friendship  
**Moon in Pisces** – spells involving music, telepathy and clairvoyance

**Moon Void of Course** – The moon is said to be void of course when it is between astrological signs. You should avoid performing magick spells during a void moon because they may not have the result you desire. Instead, complete old business or perform divination. Avoid doing anything important while the moon is void-of-course. What you do during this period may not work.

To learn more about this and other correspondences, get our Magickal Correspondences eBook at

[http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=118](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118)

## Spell of the Month

### Lust Enhancing Spell

one large fresh red rose petal  
cinnamon  
red sewing thread

Place the cinnamon in the center of the rose petal, and tie the petal shut with the red thread. Chant:

"Red of life,  
red of spice,  
bring to me,  
the spice of life."



Place the rose petal pouch in the path of the one you wish to lust for you. This spell is best cast on the new to waxing Moon for the purpose of obtaining the lust of another.

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at [http://witchsupercenter.com/zencart/index.php?main\\_page=product\\_info&cPath=9&products\\_id=108](http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108)