



November Newsletter

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Important November Dates

(All times are CDT/CST)

October 21, 5:29 am to November 10, 3:12 pm - Mercury Retrograde

This Mercury Retrograde will be in Scorpio and emphasizes integrity! Over and over again, we'll be reminded of the importance of doing "completions" ahead of the Mercury Retrograde cycle — completing agreements, getting repairs done, sending important messages you want others to receive — let alone "hear," and paying bills earlier than usual. Integrity is going to be under intense scrutiny!

Otherwise...

Many of you know the drill: Count on greater misunderstandings, as all communications are more likely to suffer; expect delays and/or undelivered mail or messages. EXPECT to write and rewrite in the present and WISH to rewrite the past. Always get repairs done of any kind before Mercury Retrograde begins or wait until it ends.

Emergencies should be expected. Mercury Retrograde is definitely NOT the time to start a new relationship, a new job, or long-term project — let alone a new career; it is not the time to enter into binding commitments (marriage, financial, or otherwise) without the absolute expectation of necessary modifications, alternative compromises or reversals in the original plan and/or intent. Unless it's an emergency, it is generally not a good idea to make or go to medical appointments during Mercury Retrograde.

Interpersonally, communications at all levels are problematic, and we are inclined to think slower and process communications more slowly! We have to be patient with each other and ourselves. Expect computer issues, not the least of which will likely include slower connections. Back up data BEFORE the retrograde begins.

EXPECT misleading information, if not deception, especially with Neptune in Pisces; EXPECT missed appointments, traffic problems, failure to keep one's word because of a promise that could not be kept and misplaced documents.

Any Mercury Retrograde cycle is THE time to re-think, re-do, re-define, re-organize, re-assess, re-orient, and/or re-plan without taking action on the "new plan" until after the Mercury Retrograde ends. It is the time for completions, i.e., cleaning up paperwork, paying old debts, doing what we've promised that hasn't been completed OR otherwise handling those matters responsibly.

It is not the time for repairs to machinery or automobiles in particular. Chances are, more repairs will have to be made to the repair! It IS the time to think more than expand our activities and plan what to change and how to move forward after Mercury Retrograde ends. Think of it as an opportunity that comes around 3 or occasionally 4 times in a year.

We are all being forced to loosen our grip on one or more situations in order to prepare for what is coming. The first half of Mercury Retrograde is the time for the greatest reflection and introspection.

During the second half of Mercury Retrograde, people will be especially inclined to just get on with business/life as usual. Added tension stems from a new perspective and the awareness that we are literally blocked from doing what we feel ready to DO to the fullest extent. What we SHOULD focus on is physical, mental, spiritual and emotional well-being, as well as plans for greater fulfillment in our lives after the cycle ends.

REMEMBER: Sleep deprivation during Mercury Retrograde causes extreme confusion, inflexibility, and general difficulty staying in reality-based thought. When we feel the least bit sleepy it is EXTREMELY IMPORTANT, not to mention refreshing, to STOP what we are doing, and close our eyes just long enough to allow the sleepiness to subside. It can be as little as 2-5 minutes.

REMEMBER ALSO: During ANY Mercury Retrograde cycle, most folks are inclined to think/process information slower. USE that for deeper thinking about any subject, issue, or idea. Be patient with each other.

Mercury Retrograde also affects all modes of travel and all modes of communication. It is definitely not a good time for travel and we should do so ONLY when our Personal Energy Influences show positive indications. EXPECT greater stress in any event. Also, it is no secret that when people use cell phones while driving, the distraction can cause disastrous accidents. During Mercury Retrograde, the hazard is multiplied when those

who use them are so busy talking or worse texting. People are supposed to be able to think, but thinking is more often impaired during Mercury Retrograde, and when using a cell phone, thinking may not be sharp enough to negotiate both the situation on the road and the telephone interaction.

November 3, 2:00 am - Daylight Savings Time Ends

Remember to set your clocks back one hour.

November 3, 6:46 am - Solar Eclipse, 6:50 am - New Moon

This Scorpio New Moon is a rare hybrid Solar Eclipse, both an annular and total eclipse. An annular eclipse is when there's a ring of fire around the Sun; a total eclipse is when the Moon blocks out all of the Sun's rays. Most of the eclipse can be seen in the Atlantic, southwestern Europe and most of Africa. People on the East Coast of the Americas can see it toward sunset.

A solar eclipse disrupts the energy flow between the Sun and Earth and helps establish new energy channels for new possibilities. There was a solar eclipse 19 years ago on November 3, 1994. What did you begin then? How have you found completion since then? What is calling to you now?

Interesting things are discussed and new ideas are in the air now. What group do we want to join? What ideas excite us? When we have creative interaction with people inspired by original creative visions, we can create a new social order. We do have to step into our new roles as leaders and visionaries if we are to change our politics and save the world. With this Solar Eclipse, we come to the end of a cycle and the ground is now fertile for new seeds, new ideas, new intentions.

The weekend of this extra potent solar eclipse begins with the fourth Pluto/Uranus square. The revolutionary energies of the 60s keep challenging us to look at our new, more conscious values and stand up for a new vision for society, a more balanced vision that includes the divine feminine gifts of love, compassion, imagination and wisdom as well as returning to the original masculine ideals of progress, prosperity and freedom.

November 7 - Samhain Crossquarter

Samhain

Animals/Mythical Creatures - bats, cats, dogs, pooka, goblin, medusa, beansidhe, harpies

Gemstones - black stones, jet, obsidian, onyx, carnelian

Incense/Oil - frankincense, basil, yarrow, lilac, camphor, clove, wood rose, wormwood, myrrh, patchouli, apple, heliotrope, mint, nutmeg, sage, ylang-ylang

Colors/Candles - black (ward off negativity), orange (good luck), indigo, homemade apple or mint scented herbal candles to light jack-o-lanterns or for altar candles

Tools/Symbols/Decorations - black altar cloth, Halloween items, jack o' lanterns, oak leaves, acorns, straw, balefire, besom, black cat, black crescent moon, cauldron, divination tools, grain, magic mirror, mask, bare branches, animal bones, hazelwood, pictures of ancestors

Goddesses - The Crone, Hecate (Greek), Cerridwen (Welsh-Scottish), Arianrhod (Welsh), Caillech (Irish-Scottish), Baba Yaga (Russian), Al-Ilat (persian), Bast (Egyptian), Persephone (Greek), Hel (Norse), Kali(Hindu), all Death & Otherworld Goddesses

Gods - Horned Hunter (European), Cernnunos (Greco-Celtic), Osiris (Egyptian), Hades (Greek), Gwynn ap Nudd (British), Anubis (Egyptian), Coyote Brother (Native American), Loki (Norse), Dis (Roman), Arawn (Welsh), Sacrificial/Dying/Aging Gods, Death and Otherworld Gods

Essence - magick, plenty; knowledge, the night, death & rebirth, success, protection; rest, new beginning; ancestors; lifting of the veil, mundane laws in abeyance, return, change

Dynamics/Meaning - death & transformation, Wiccan new year, wisdom of The Crone, end of summer, honoring, thinning of the veil between worlds, death of the year, time outside of time, night of the Wild Hunt, begin new projects, end old projects

Purpose - honoring the dead, especially departed ancestors, knowing we will not be forgotten; clear knowledge of our path; guidance, protection, celebrating reincarnation

Rituals/Magick - honoring/consulting ancestors, releasing the old, power, understanding death and rebirth, entering the underworld, divination, dance of the dead, fire calling, past life recall

Customs - ancestor altar, costumes, divination, carving jack o' lanterns, spirit plate, the Feast of the Dead, feasting, paying debts, fairs, drying winter herbs, masks, bonfires, apple games, tricks, washing clothes

Foods - apple, pumpkin pie, pomegranate, pumpkin, squash, hazelnuts, corn, cranberry muffins, bread, ale, cider and herbal tea

Herbs - allspice, broom, comfry, dandelion, deadly nightshade, mugwort, catnip, dittany of Crete, ferns, flax, fumitory, mandrake, mullein, dragon's blood, sage, straw, thistles, oak (leaf), wormwood (burn to protect from roving spirits)

Element/Gender - water/male

Threshold - midnight

To learn more about this and other Sabbats, get our Sabbats eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=129

November 11 - Veteran's Day

Veterans Day

On Veterans Day we honor all,
Who answered to a service call.
Soldiers young, and soldiers old,
Fought for freedom, brave and bold.
Some have lived, while others died,
And all of them deserve our pride.
We're proud of all the soldiers who,
Kept thinking of red, white and blue.
They fought for us and all our rights,
They fought through many days and nights.
And though we may not know each name,
We thank ALL veterans just the same.

~ Cheryl Dyson

November 17, 9:16 am - Full Moon

Hunter's Moon

For the November Full Moon celebration, decorate your altar with white pumpkins and gourds and a branch of cedar. This Moon is also often called the rSnow Moon. Think of yourself on the hunt as a spiritual quest and use this ritual as an introspection of meditation--visualize yourself walking through snowy woods in the moonlight. Light white candles and see yourself carrying one of these candles through the woods, like a miniature moon glowing inside a lantern. Recite the chant and imagine yourself on a journey for enlightenment.

*Seeking, questing, search within--
Moonlight watch as I begin.
Seeking, questing, search without--
Moonlight shine upon my doubt.
Show me what I need to know,
Hunter's Moon I feel you glow.*

~ Ember Grant in [Llewellyn's 2013 Witches' Datebook](#)

November 28 - Thanksgiving

A Little Spell of Gratitude

Most of the time, when people do spell work, it's because they're asking for something to be given to them. Sometimes, it's a material blessing, sometimes, it's a spiritual or emotional gift. Every once in a while, we should offer up a spell of gratitude for all of the many blessings we have already received.

To begin this spell, choose much loved music to play in the background. Then light your favorite incense, lay a clean cloth on the altar or table or dresser and select an especially lovely candle - the size, scent and color don't matter as long as you like it! You can use any candle holder or dish that feels right.

Now choose an object to serve as a focus of your gratitude. For instance, if the blessing is monetary, you could lay a silver dollar by the candle. If you're giving thanks for the beauty that surrounds you, a single flower from the garden would be perfect - or maybe even a lot of flowers arranged in a special vase next to the candle.

There is no set formula for what should be said during this spell of gratitude. Say why you're grateful and how that particular blessing has enriched your life. You can read a poem or a passage from a book, or simply sit and meditate. It doesn't really matter, as long as you somehow communicate recognition and appreciation.

Let the candle burn down and the music end.

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Witch SuperCenter November Sale Items

Scrying Mirror - Regular Price \$14.99, Sale Price \$10.99
Magickal Herbs Kit, 50 Herbs - Regular Price - \$39.99, Sale Price - \$31.99
Sabbat Blends Herb Kit - Regular Price - \$15.99, Sale Price - \$10.99
Magickal Herbs eBook - Regular Price - \$4.99, Sale Price - \$3.99
Immune Boost Herbal Tea - Regular Price - \$5.99, Sale Price - \$4.99

To see all of our sale items, visit http://witchsupercenter.com/zencart/index.php?main_page=specials

Herb of the Month

Mandrake - BE CAREFUL - POISON Earth/Mercury, Gender - Masculine, Parts Used - Root, Magickal Properties - Protection, Fertility, Uses - Carried by a woman for help in conception, used to help cure male impotency, place in home as protection charm.

To learn more about this and other herbs, get our Magickal Herbs eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120

Stone of the Month

Petrified Wood - Petrified wood is basically fossilized wood that has had its organic matter replaced by agate, bit by bit, as it decomposes. The wood structure is maintained, but the wood fibers are slowly changed into stone. Sometimes a jasper, quartz, pyrite or even opal can be found fossilized in wood. More often than not its coloring is brown, but it has been found in grey and even green color. Petrified wood is a stone that is good for grounding and stabilizing one's emotions. It is particularly useful in calming survival-based fears, as it assists one in accessing their practical side for answers, then offering a feelings of safety and security. It is a stone of business success, and a good stone for general protection.

It can be used to calm down survival based fears, helps to make one feel safe and secure, helps one feel ageless. It also offers "gentle hours in the day," to assist one in keeping pace with the day, keeping the hours from neither hurrying by or moving to slow...you are therefore moving forward in a good and steady way. It helps one feel that all will be right, and to be connected to their spirit in such a way that one's knows that time is not really what it appears, and that there is no such real thing as time...just forever.

During a crisis, a piece of Petrified Wood will give you strength and support, providing insight into cause and effect. You will remember lessons, avoiding repetitive mistakes. Petrified Wood will help you forget petty worries, so that no thought or action is useless. Petrified Wood is an excellent gem for leaders. It has endured the ravaging changes of time and become stronger, as will you if you ask for its help in your leadership role.

Petrified wood stabilizes general health and the body's defenses. It generates calm and encourages contentment. Physically, it is beneficial for the bones, backaches, skin and hair. Petrified wood is also used for past life regressions because of its inherent link with the past.

Healers have used Petrified Wood on atrophied limbs and to relieve paralysis. It can help align your spine or give you more control over bodily functions. Use this stone to strengthen your spiritual and physical backbone. A Petrified Wood Elixir will add thickness and shine to your hair.

Rune of the Month

↑ **Tiwaz** (T: Tyr, the sky god.) – Honor, justice, leadership and authority. Analysis, rationality. Knowing where one's true strengths lie. Willingness to self-sacrifice. Victory and success in any competition or in legal matters. Tiwaz Reversed or Merkstave: One's energy and creative flow are blocked. Mental paralysis, over-analysis, over-sacrifice, injustice, imbalance. Strife, war, conflict, failure in competition. Dwindling passion, difficulties in communication, and possibly separation.

To learn more about this and other runes, get our Rune Dice Book at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124

Tarot Card of the Month

The King of Swords - The King of Swords sits upon his throne of command, holding a large upward-pointing, double-edged sword in his right hand, while his left hand rests gently upon his lap. On his left finger is a ring, symbolic of power and taking his responsibilities seriously. The King wears a blue tunic, symbolic of a desire for spiritual understanding, and a purple cape, symbolic of compassion combined with intellect. The back of his throne is decorated with butterflies (transformation), crescent moons and an angel just near his left ear, positioned as if to give him subtle guidance. The sky is relatively clear with a few clouds, representing general mental clarity. The trees in the background appear motionless and reflect the stern judgment of the King.

The King of Swords is a symbol of intellectual power and authority, and has the courage and intellect to accomplish all that he desires. He represents judgment, command, and rulership. His character indicates the stern leadership of a judge, lawyer, or military commander whose emotions must be kept in check under the pressure of battle. Therefore, the King of Swords asks you to remain detached and objective in a specific situation, in order to ascertain the truth and seek out only the facts. You need to use your intellect to prove your point and succeed. Your education and experience are important but so are your day-to-day observations and thoughts. You can also solve problems by using history, rules, laws and diplomacy.

The King of Swords suggests that you need to adopt a very stern but fair role. You have clarity of mind and can perceive the truth right now, so you must take the lead with providing an objective point of view. You are well-positioned to judge your situation appropriately and identify the limiting behaviors that are getting in the way. This is a time when you need to leave emotions out of it, and remain as objective and rational as possible. You may need to reason with others and be quite direct about what you are observing. You may be concerned that you are not being particularly caring or sympathetic but at this point in time, this detachment is what is needed most.

Similarly, the King of Swords encourages you to use your logic and intellect to navigate your path ahead. You will need to get to the heart of the matter, make firm and well-researched decisions, and ensure that you are firm but fair in your dealings with others. You need to be able to take any situation, look at it with total impartiality, and then come to a decision that is both fair and insightful.

Oftentimes, the King of Swords represents a professional advisor, such as a solicitor or attorney, financial adviser or taxation consultant. This advisor has a solid reputation and a vast amount of knowledge in his particular field, and will provide you with objective, well-researched advice about your own situation. He is completely impartial, and will draw upon his experience and his innate knowledge of the rules, systems and structures that are in place. He may come across as detached or disinterested in your personal circumstances, unless it relates specifically to the type of advice he is giving you. This is so that he can provide only the most relevant and objective advice to you. He prides himself in his expertise and qualifications, and is likely to charge a high fee for his services. Nonetheless, he offers the rigor and specialist knowledge that you need right now.

If you have not engaged the help of an expert, the appearance of the King of Swords suggests that it may be worthwhile getting some legal or financial advice. If you are expecting changes or particular circumstances to arise that will require expert advice, you can be on the front foot by seeking advice before they happen. That way, when they do roll through, you are ready to demand your rights and seek an outcome that benefits you. You may also benefit by finding an advocate or mentor who will look out for your needs and who can provide you with objective and smart advice about what to do.

This King is also a man of the highest ethical standards. It is impossible to corrupt him and as such he acts as a pillar of strength who gives sound advice to everyone, no matter who they are. What is more, he firmly expects others to operate by the rules of the law and will not tolerate others who break the law. As a father, for example, he will become very angry if his children do not follow the 'house rules.'

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107

Correspondence of the Month

Astrological Phase of the Moon

Moon in Aries – spells involving authority, willpower and rebirth

Moon in Taurus – spells involving love, real estate, and money

Moon in Gemini – spells involving communication, public relations and travel

Moon in Cancer – spells involving domestic life and honoring lunar deities

Moon in Leo – spells involving power over others, courage, child birth

Moon in Virgo – spells involving employment matters, health and intellectual matters

Moon in Libra – spells involving court cases, partnerships and artistic matters

Moon in Scorpio – spells involving secrets, power and psychic growth

Moon in Sagittarius – spells involving publications, sports and the truth

Moon in Capricorn – spells involving career, political matters and ambition

Moon in Aquarius – spells involving science, freedom, personal expression, problem solving and friendship

Moon in Pisces – spells involving music, telepathy and clairvoyance

Moon Void of Course – The moon is said to be void of course when it is between astrological signs. You should avoid performing magick spells during a void moon because they may not have the result you desire. Instead, complete old business or perform divination. Avoid doing anything important while the moon is void-of-course. What you do during this period may not work.

To learn more about this and other correspondences, get our Magickal Correspondences eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118

Spell of the Month

Astral Projection

The following is a basic instruction for astral projection. Begin by calling your guide or guardian to protect you from harm during this trip. As you do this, you should either hear a voice or see a face in your mind. Speak directly to your guide, and ask it for protection and guidance. Once you are assured of their protection you can proceed with the next step.

RELAXATION

The easiest way to place yourself in a deep state of relaxation is to first begin with your toes. Visualize a soft warm light moving slowly through your toes until it engulfs your feet. As each part of your body becomes submerged in the warm light, allow it to go completely limp. Visualize each body part turning to mist. When you are done relaxing, you should visualize yourself as pure mist. Because you are no longer solid, it will be possible for you to move away from your physical form. If this is your first time, try to stay inside a boundary, such as your home. When traveling to the astral plains, one can encounter many things which only an experienced traveler will know how to handle.

Visualize your misty form separating from your physical form. Don't be alarmed if you see a cord that attaches you to your body. This is a line that can bring you back if needed. Only a very experienced traveler should disengage this cord. For the beginner, it is important to leave it attached. The cord will lengthen itself to suit your travels, so drift as much as you like within your set boundaries. When you are ready to return, simply will yourself gradually back to your body. Allow a moment to think earthly thoughts and then open your eyes.

TRAVEL WITH FAMILIARS

For extra protection, it is nice to have your familiar along. The only thing you need to do is communicate your desire to travel to your familiar. Animals travel the astral plains constantly, and are more than happy to accompany you. They often make excellent guides. To communicate your desire, look deep into your familiar's eyes, and concentrate. Stroke them soothingly. Soon they will lay down, and that will be your signal that they are ready to begin. If you are a novice, and your familiar seems unwilling to travel, give them time. Sometimes we doubt our own abilities, and our familiars can sense this. After you have traveled several times on your own, your familiar will most likely be happy to join you.

JOURNAL

It is a good idea to document your travels in a journal. You are the one who will benefit from this. As you travel, make note of everything you see. Upon your return, write every detail in your journal. As you become more experienced at astral travel, this record will be invaluable. It will serve as your future guide.

GIVE THANKS

Always remember to thank your guide or guardian for their protection. It is also nice to say a prayer of thanks to the Cerridwyn. Remember that without the Lord and Lady, we are adrift in a sea of uncertainty.

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108