

The Witch's Apothecary September Newsletter

In this Issue

Important September Dates
New Items at The Witch's Apothecary
The Witch's Apothecary September Sale Items
Herb of the Month – Chamomile
Stone of the Month – Rose Quartz
Rune of the Month – Gebo
Tarot Card of the Month – The Hermit
Correspondence of the Month – Time of the Day
Spell of the Month – Protection Spell

Important September Dates

(All times are CST)

September 11, 7:32 am – Solar Eclipse

This solar eclipse will be when inner changes take outer form and manifestation. Whether the first flight is awkward or graceful, things will become clearer again and your path and new direction will seem better illuminated. Something may seem more "settled" inside and great new movement forward may begin at this time or shortly after.

Going through the "eye of the needle" for the next couple weeks before the eclipse will mean that things will seem very condensed or compressed, like a pressure or force is at powerful work. Know that this is part of what makes possible the winnowing and selecting of what we are going to bring to the other side. Know that you may find yourself seduced by the past or the future, as the Buddha was visited by temptations just before he received enlightenment. These images or promises from the future and past are going to tell you that it is in them your redemption will be found. It is easy to avoid them, by simply letting yourself be seduced by the present instead. This is the only moment you need to be in, and it will offer you the gifts you ask if you but let it have your attention and energy.

September 11, 7:44 am – New Moon

New Moon Ritual

Tools: Lavender Incense dipped in vanilla (and allowed to dry), anointing oil, white candle, pink candle, cakes and wine.

Cast circle, call quarters and ancient ones, invoke Goddess and God.

Statement of purpose:

Goddess and God, guardians and ancient ones, I come before you upon this night of the new moon, the night of new beginning, to acknowledge the growing power of the Goddess and reaffirm the sacred space of my self and my altar and to invite the protection of the spirits.

Close your eyes and feel the energy move around you as you chant:

*Ancient Witches hearken nigh
Earth, wind, water, sky
Stars above and Earth below
Peace and prosperity, energy flow
The energy around me is flowing, flowing
The Goddess's power is growing, growing*
(keep repeating the last two lines to build energy)

Release the energy into the tool of your choice or into a spell candle for later use.

Rededicate yourself as sacred space:

*Sacred space within myself
Earth and sky, light and health
Blessings of the Goddess shine
Bring to me the light divine
As above, it is below
All around me energy grow
Be I Witch, Faery or Elf,
Sacred Space I call myself*
Anoint yourself with oil in the symbol of your choosing.

Rededicate your altar/home/room, etc. as sacred space:

Light a virgin white candle in the center of your altar/sacred space.
*Eternal flame, light divine, enter here this shrine of mine.
Eternal flame, pulsating bright, shine for me day and night.
Eternal flame, from ancient song, bless this (home/altar/space) all life long.*
Allow candle to burn itself out.

Ask spirits (or ancestors) for protection:

Light a pink candle
*Spirits I invite you into my sacred space.
Please protect me and mine within this place.
I ask that you keep away thief, troublemaker and negative one.
Stop them from entering by the light of the moon or sun.
With love and trust and the power of three,
I thank you spirits for protecting me.*

Work any magick that you need to do. Enjoy cakes and ales; thank the quarters, ancient ones and the Goddess and God. Open the circle.

September 23 – Mabon/Autumnal Equinox

Animals/Mythical Creatures – dogs, wolves, stag, blackbird, owl, eagle, birds of prey, salmon & goat, Gnomes, Sphinx, Minotaur, Cyclops, Andamans and Gulons

Gemstones – yellow agate, carnelian, yellow topaz, sapphire, lapis lazuli & amethyst

Incense/Oil – pine, sweetgrass, apple blossom, benzoin, myrrh, frankincense, jasmine, sage wood aloes, black pepper, patchouli, cinnamon, clove, oak moss

Colors/Candles – brown, green, orange, red, deep gold, scarlet, yellow, russet, maroon, all autumn colors, purple, blue violet & indigo

Tools/Symbols/Decorations – Indian corn, red fruits, autumn flowers, red poppies, hazelnuts, garlands, grains especially wheat stalks, and colorful, fallen leaves, acorns, pine & cypress cones, oak sprigs, pomegranate, statue/or figure to represent the Mother Goddess, Mabon wreath, vine, grapes, gourd, cornucopia/horns of plenty, burial cairns, apples, marigolds, harvested crops, burial cairns, rattles, the Mysteries, sun wheel, all harvest symbols

Goddesses – Modron (Welsh), Bona Dea, Land Mother, Aging & Harvest Deities: the Triple Goddess-Mother aspect, Persephone, Demeter/Ceres, Morgan (Welsh- Cornish), Snake Woman (aboriginal), Epona (Celtic-Gaulish), Pomona (Roman), the Muses (Greek)

Gods – Mabon ap Modron (Welsh), Sky Father, Wine Gods, Aging Gods, John Barleycorn, the Wicker-Man, the Corn Man, Thoth (Egyptian), Hermes, Hotei (Japanese), Thor, Dionysus (Roman), Bacchus (Greek) & all wine deities

Essence – beauty, joy; fullness of life, harvest of the year's desires, strength; laughter; power; prosperity, equality, balance, appreciation, harvest, protection, wealth, security, self-confidence, reincarnation

Dynamics/Meaning – death of the God, assumption of the Crone, balance of light and dark; increase of darkness, grape harvest, completion of the harvest

Purpose – second harvest festival, new wine pressing/making preparation for winter and Samhain, rest after labor, Pagan day of Thanksgiving, honoring the spirit world, celebration of wine

Rituals/Magick – Celtic Festival of the Vine, prosperity rituals, introspection, rituals which enact the elderly aspects of both Goddess & God, past life recall

Customs – offerings to land, preparing for cold weather, bringing in harvest, cutting willow wands (Druidic), eating seasonal fruit, leaving apples upon burial cairns & graves as a token of honor, walk wild places & forests, gather seed pods & dried plants, fermenting grapes to make wine, picking ripe produce, stalk bundling; fishing, on the closest full moon (Harvest Moon) harvesting crops by moonlight.

Foods – cornbread, wheat products, bread, grains, berries, nuts, grapes, acorns, seeds, dried fruits, corn, beans, squash, roots (ie onions, carrots, potatoes, etc), hops, sassafras, apples, pomegranates, carrots, onions, potatoes, roast goose or mutton, wine, ale, & cider

Herbs – myrrh, thistle, tobacco, oak leaf, hazel, mums, hops, acorns, marigold, rose, sage, milkweed, Solomon's seal, aster, fern, honeysuckle, benzoin, myrrh, passionflower, pine & cedar, ivy, hazel, hops, cedar

Element/Gender – water/male

Threshold – evening

To learn more about this and other Sabbats, get A Year of Ritual Book at www.The-Witches-Apothecary.com/a-year-of-ritual-book.html

September 26, 2:45 pm – Full Moon

The September full moon is known as the Harvest Moon.

Harvest Moon

Traditionally, the harvest moon occurs at the Full Moon closest to the Autumnal Equinox. The Harvest moon usually looks larger than other Full Moons because cooler fall air curves the light near the horizon. The fabulous reddish-orange color associated with the Harvest Moon is the result of seeing the dust, dirt and pollen in the lower atmosphere as you gaze across the horizon.

The night of the Harvest Moon is a perfect time to celebrate the season of the harvest and to take a moment to reflect on what you are thankful for, such as freedom, friends, home and family. Set up a pretty altar full of seasonal accessories such as apples, grapes, acorns, miniature pumpkins and colorful fall leaves. Light an orange candle for the harvest season and repeat this Harvest Moon blessing.

*Beneath the light of the Harvest Moon so bright,
I am thankful for many blessings tonight.
I celebrate the bounty of the good green earth,
Lord and Lady bless me, granting health, peace and mirth.*

- Ellen Dugan

New Items at The Witch's Apothecary

Wicca 101 and Beyond; A Witch's Grimoire eBook – www.The-Witches-Apothecary.com/book-of-shadows-ebook.html

Healing with Herbs; Teas, Brews & Infusions eBook – www.The-Witches-Apothecary.com/healing-with-herbs-ebook.html

Astro Star Kards, Astrology Oracle Cards – www.The-Witches-Apothecary.com/astro-star-kards.html

Celestial Wind Chimes – www.The-Witches-Apothecary.com/home--garden-decor.html

To see all of our items, visit www.The-Witches-Apothecary.com

The Witch's Apothecary September Sale Items

Wicca 101 and Beyond; A Witch's Grimoire eBook – Regular Price \$4.99, Sale Price \$3.99

Healing with Herbs; Teas, Brews & Infusions eBook – Regular Price \$4.99, Sale Price \$3.99

Mabon Herbal Incense Blend – Regular Price \$2.99, Sale Price \$1.99

Rune Dice – Regular Price \$7.99, Sale Price \$6.99

Love Spell Kit – Regular Price - \$9.99, Sale Price \$8.99

To see all of our sale items, visit www.The-Witches-Apothecary.com

Herb of the Month

Chamomile ~ Element – Water, Planet – Sun, Gender – Masculine Parts Used – Flowers
Magickal Properties – Prepares body and mind for magick, Healing and Prosperity wishes, Uses
– Drink as a tea, place small amount in the bath to prepare for magick, use as an amulet for prosperity, Burn for restful sleep, visualize your desire

To learn more about this and other herbs, get our Magickal Herbs eBook at www.The-Witches-Apothecary.com/magickal-herbs-spells--recipes-ebook.html

Stone of the Month

Rose Quartz – love, friendship, joy, self-healing (*water*) Rose Quartz is a soothing, calming stone. It is used for love, and to increase self love and feelings of self worth. It brings healing and clarity to the heart and allows the wearer to learn to trust again. Balancing the emotions and healing emotional wounds, it brings peace and calm. It is especially powerful in times of stress or loss, helping the wearer to slow down and take it easy. Its loving nurturing energy takes away fears, resentment and anger and gently replaces them with a feeling of higher self esteem and confidence. Wear this and open yourself to love.

Rune of the Month

X Gebo (G: Gift.) – Gifts, both in the sense of sacrifice and of generosity, indicating balance. All matters in relation to exchanges, including contracts, personal relationships and partnerships. Gebo Merkstave (Gebo cannot be reversed, but may lie in opposition): Greed, loneliness, dependence, over-sacrifice. Obligation, toll, privation, bribery.

To learn more about this and other runes, get our Rune Dice Book at www.The-Witches-Apothecary.com/rune-dice-divination.html

Tarot Card of the Month

The Hermit- The Hermit is a solitary person, one who looks for answers within and away from others. He represents a time for solitude and peace. This card is positively associated with introspection, solitude, guidance, advice, and patience. It's negatively associated with obstinacy, suspiciousness, fear, impatience, folly, and arrogance.

To learn more about this and other Tarot Cards, get The Witch's Tarot Book at www.The-Witches-Apothecary.com/the-witches-tarot1.html

Correspondence of the Month

Sunrise – purification, business, success, study, travel, employment, breaking habits, guilt, jealousy, healing disease, conscious mind

Noon – magickal energy, physical energy, strength, protection, money, courage

Sunset – breaking addictions, weight loss, banishing, misery, pain, anguish, negative habits

Night – beauty, dreams, psychic dreams, awareness, sex, spirituality, purification, love, friendship, peace, releasing stress

To learn more about this and other correspondences, get our Magickal Correspondences eBook at www.The-Witches-Apothecary.com/magickal-correspondences-ebook.html

Spell of the Month

Protection Spell

white candle

protection incense

photo of your loved ones

Light the incense. Place the candle on top of your photo(s) and light it. Envision a protective white light surrounding your loved ones and say:

O Goddess, protect my loved ones every day, as they sleep and as they play.

Help them to always smile bright, and keep them safe in Your loving light.

Protect them from harm and from all they fear.

For they are the ones that I hold dear.

I thank the Goddess for helping me.

I trust in Her aid So mote it be

Let the candle and incense burn down.

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at www.The-Witches-Apothecary.com/book-of-shadows-ebook.html