



September Newsletter

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Important September Dates

(All times are CDT)

September 4, 11:02 am - Full Moon

The Harvest Moon

Like the fruits of the vine, our lives too can change and ferment. As you gather the late fruit harvest of your labor, give thanks for the sweetness of life. From such sweetness comes pleasure and treats, but also fermentation and "spirits." Celebrate the every-changing nature of life, dreams and goals as you toast the sacred ingredients - friends, family and familiars- the loving relationships that mellow and ferment you. Honor Dionyaus, god of wine and ecstasy. Invoke the balance of the light and dark and evaluate the balance within your life. As you prepare for the growing darkness, readying yourself to move within, clean and de-clutter yourself physically, mentally, emotionally and spiritually. Balance will bring you steady footing throughout the challenging journey ahead.

*Wine Moon, Singing Moon, Sturgeon, Moon glow,
the sacred balance of light and dark show,
Nephthys, Freyja, Ceres, Isis,
balance the diversity that my life is.*

~ Dallas Jennifer Cobb

September 6, 11:45 pm until September 29, 8:13 am - Mercury Retrograde

At 11:45 PM (CST), on Sunday, September 6th, 2009, Mercury the cosmic trickster turns retrograde at 6°13' Libra, in the sign of the Scales, sending communications, travel, appointments, mail and the www into a general snarlup! The retro period begins some days before the actual turning point (as Mercury slows) and lasts for three weeks or so, until Sep. 29, when the Winged Messenger reaches his direct station. At this time he halts and begins his return to direct motion through the zodiac.

Everything finally straightens out on October 18, as he passes the point where he first turned retrograde. Mercury normally turns retrograde three times a year, but this year he turns tail four times, which is unusual. The effects of each period differ, according to the sign in which it happens.

A planet is described as retrograde when it appears to be moving backwards through the zodiac. According to modern science, this traditional concept arises in the illusory planetary motion created by the orbital rotation of the earth with relation to other planets in our solar system. Planets are never actually retrograde or stationary, they just seem that way due to this cosmic shadow-play. Click here for more on the science of retrograde planetary motion.

Retrograde periods, although often problematic for us earthlings, are not particularly uncommon. Each planet retrogrades, except the Sun and Moon. Although a powerful astrological influence, Mercury is quite a small planet that travels at a relatively fast speed through the zodiac. Despite being the closest planet in our solar system to the Sun, he is not always in the same sign as the Sun. This time, Mercury turns retrograde in Libra (relationships; tastes; harmony) while the Sun is in Virgo (analysis; critical ability), but retrogrades into Virgo at the Virgo New Moon on Sep. 18 (while the Sun of course is still in Virgo). The Sun moves into Libra at the Equinox on Sep. 22 while Mercury is still in Virgo, but Mercury soon heads back to join the Sun in Libra on Oct. 10.

As a rule, retrograde planets mark a period of seemingly inevitable or fated events that relate to their sphere of influence. Unresolved issues from the past tend to rear their heads. Retro phases present us with a series of events over which we seem to have little or no conscious control, relating especially to the sign in which the retrogradation occurs. For example, Mercury retrograde in Libra (relationships; tastes; harmony) awakens quite different sets of circumstances from those generated when he retrogrades into Virgo (analysis; critical ability).

A retrograde period is best seen as a cycle, beginning when a planet begins to slow to a halt before traveling backwards through the zodiac, and ending when it returns to the point where it first paused. However, during the cycle, a planet's energy is most powerful (and more likely to generate critical events of universal importance) when the planet makes a station: appearing motionless in the sky.

These stationary periods occur near the beginning of the cycle (when the planet first halts as it prepares to move backwards) and midway through the cycle when the retrograde planet slows to a stop before moving forward again. The direct station (when the planet halts before moving forward again) is the most powerful and can be used for maximum benefit.

Many astrologers consider that the "Mercury Shadow" begins between two and three weeks before the actual retro station, so the "shadow phase" began on August 18, when Mercury passed the point of direct station for the first time in this cycle. This has some justification, but the really noticeable peculiarities begin when Mercury slows significantly, a few days before the retro station. This period of "Mercury Shadow" extends to the Return date, something under three weeks after the direct station. Bear this in mind, because experience shows that the effects of the retro period are still marked during the shadow phase. Some of the most characteristic annoyances often occur just after Mercury makes the direct station, while he is crawling forward before picking up speed.

In general, Mercury rules thinking and perception, processing and disseminating information and all means of communication, commerce, education and transportation. By extension, Mercury rules people who work in these areas, especially those who work with their minds or their wits: writers and orators, commentators and critics, gossips and spin doctors, teachers, travelers, tricksters and thieves.

Mercury retrograde gives rise to personal misunderstandings; flawed, disrupted, or delayed communications, negotiations and trade; glitches and breakdowns with phones, computers, cars, buses, and trains. And all of these problems usually arise because some crucial piece of information, or component, has gone astray or awry.

It is not exactly wise to make important decisions while Mercury is retrograde, since it is likely that such decisions will be clouded by misinformation, poor communication and careless thinking. Mercury is all about mental clarity and the power of the mind, so when Mercury is retrograde these intellectual characteristics tend to be less acute than usual, as the critical faculties are dimmed. Make sure you pay attention to the small print!

The key issue here is one of focus. Mercury's retro phase tends to bring unforeseen changes and blockages, but the aggravation and frustration that many of us experience during these periods is often due to our own inability to roll with the punches. Is this due to our ego-fixation?

Mercury sets out to restructure our thinking processes and for many of us this is painful and frustrating. Unresolved issues from the past tend to push themselves forward. Moreover, these experiences reveal flaws in our internal organization as well as our external planning, which can make us feel foolish and inadequate.

Mercury retrograde, like any cosmic aspect, affects people differently, depending on where it hits their personal charts. Some people actually prosper under a retro Mercury, especially if Mercury is retrograde but otherwise well-aspected in their birth charts. It is also a time when matters begun under a previous retro period will come to fruition, or completion as the case may be. Firm decisions that have been previously made when Mercury is traveling normally through the zodiac may be implemented or finalized while Mercury is retrograde without too much worry, for experience shows that this can be done without undue problems arising.

Libra, the Scales

When Mercury is retrograde, everyone's thinking is more introspective; we tend to think about issues and concerns that relate to the sign involved. With Mercury retrograde in Libra, people with this sign prominent in their charts will be especially prone to such introspection. Libra is a Cardinal Sign, so the other Cardinal Signs, Aries, Cancer and Capricorn will also receive a touch of the lash! Notwithstanding, Mercury turns this time in a favored segment of the zodiac, (the Terms of Venus) at a time when Venus, goddess of love, beauty and money, and Jupiter, lord of fortune, are blessed by excellent lunar aspects. This will no doubt affect the retro phase for the better.

Mercury turns retro at 6°13' Libra, conjunct the very fortunate – and indeed mercurial – Fixed Star Zaniah, which is known for its love of order, congeniality, refinement and honor. It is said to produce a lovable nature... Dramatic Diadem in the constellation Coma Berenices is also activated, the "Wreath of Jewels" adding a suave touch of sensuality to the mix. So the stars favor this turn, as indeed do the planets.

Mercury retro in Libra, a Venus-ruled sign, encourages a broad, well-balanced mind with a love of art and music, though perhaps an over-fondness for luxury, especially in transportation. Public speakers and singers may receive well-earned success, notably through contacts from the past. This phase fosters virtue and morality, so in order to see ideas translated into money and other tangible rewards, we need to trust our intuition without being carried away, or confused by gaudiness. This might be harder than it sounds, due to an impending surge in the attention given to gossip magazines and other "informative" commentators on TV and the WWW. Objectivity and an unbiased approach should work well in impersonal situations, but can interfere with intuition

when more emotion and less intellectual analysis is needed. Legal matters are likely to meet roadblocks as scuttlebutt becomes the main stimulant during this phase. Trouble by lawsuits through partnerships or an unfaithful marriage partner are in the wind. Too much nervousness and stress may affect kidney functionality under this transit, so be sure to drink adequate amounts (6-8 glasses daily) of pure water to keep kidney filtration open.

Mercury remains in Libra until just before the Virgo New Moon on Sep. 18th, when he slips back into Virgo. This is a day of remarkable tension and potential for misunderstanding, thanks to the plethora of difficult aspects. Mercury returns to Libra on October 10th, but read on for more on Mercury's stay in Virgo.

Virgo, the Virgin

It's not all beer and skittles, or wine and roses if you prefer, because once Mercury moves back into his own sign Virgo, the Virgin, at 10:27 pm CST on September 17, a more critical and less harmonious dynamic comes into play. Virgo is a Mutable Sign, so the other Mutable Signs – Sagittarius, Pisces and especially Gemini, Mercury's day sign – will notice the developments and the effects of the Fixed Stars that are active. Mercury retro in Virgo brings intellectual confusion and mixups over important details. Analytical analyses are thwarted and educational issues are thrown into turmoil. People tend to change their minds, being unduly influenced by the persuasive power of others. Self-confidence is threatened and we tend to be too impatient and overly critical. The need for perfection conflicts with the less-than-perfect world. Workers tend to strike, or generate difficulties. Matters to do with all professionals, especially those in the healing arena, tend to find obstruction, or confusion. The military is subject to problems through poor communication and faulty intelligence.

Mercury in Virgo is exalted, so, in conjunction with the New Moon, clear, logical, scientific thinking is presented as justification for decisions, but the decision makers should be very clear on the implementation of new ideas and policies. This lunation is by and large fortunate, but is notably conjunct Benetnash, ominously named Alkaid in Arabic, which is associated with death and mourning, war and natural catastrophes. Orators will notwithstanding have the eloquence to express their ideas fluently, which should inspire bold plans for the future thanks to the continued influence of Coma Berenices, but we should nevertheless remain skeptical, as the great strength of Virgo is analysis and discrimination. Look for alternatives that are practical and to the point. A tendency to be irritable, critical and selfish may cloud the issues.

Mercury turns direct again at 21° 38' Virgo on Sep. 29, returning to Libra on Oct. 10th. The energies here are connected with Denebola, again associated with disease, natural disasters and catastrophes. The urge for control will be strong, but proper assistance may be thwarted by a lack of imagination and faulty intelligence on the part of those in charge. Happiness will be overturned by circumstances for those affected.

Of course all areas of communication are affected by this phase, especially in matters related to teaching, healing, professional advice, workplace relationships (especially those with employees and subordinates), the military, and communications connected with such matters. Small animals may be important amidst the confusion. This period brings travel snafus, mail mishaps and missed appointments of all kinds. Documents can go astray. Be sure to carry a diary and refer to it often.

September 7 - Labor Day

Labor Day Walking Meditation

Labor Day is dedicated to rest, relaxation and celebrating all the effort we put into work. This is a perfect opportunity to commemorate through a walking meditation in nature ...

To begin, pick a familiar trail so you needn't worry about where your next step may lead, while reflecting inwardly on the benefits received in your life by giving "your all" to work.

Set out in an even rhythm such as taking 2 steps to breathe in and 2 steps to breathe out. Let your arms swing at your sides - right arm and left leg forward, then left arm and right leg forward. This practice develops right-left brain synchronicity.

Walking along in stride let your thoughts turn to appreciation for all gained in life by your labors, such as the essentials of life for yourself and family, and the companionship of coworkers and colleagues.

Appreciation lifts the spirits, and combined with a walking meditation - sets the stage for peace and harmony at home and work.

*Walking along, attuned, in time,
Walking along, feeling fine.*

~ Susan Kramer

September 18, 1:44 pm - New Moon

New Moon in Virgo

Themes: wisdom of the body; purification; natural solutions; enjoying the process; putting things in order; the simple life; true essentials; finishing what you've started; practical wisdom; picking apart to discover what's wrong; intricate systems and patterns; handling the details; finding beauty in the particular.

New Moons can be deeply renewing, and a time to rest in the dark. We're passing through the atmosphere of Virgo, a sign of healing, and constant tweaking on the path to wholeness. The chart shows the Sun, Moon and Saturn together in earth, so that creating beauty and efficiency in the real world, becomes serious business. Virgo is the most flexible (mutable) of all the Earth signs, and what's initiated now can be seen as a work in progress. With Saturn's weighty presence, you can find the discipline to set new healthy habits in motion.

Virgo has a gift for quality control, and it's a sign that doesn't take short cuts. It's also the analyzer, a thinking sign that has to come to its own logical conclusion. The energies now help you sift through the deluge of information out there, especially about health and well-being, and lift out the kernels of solid info. Virgo has a sixth sense to hone in to what's untainted, pure, and full of wholesome goodness.

This lunation brings back the simple pleasure that comes from being productive. It's back-to-school time, when students of all ages, impulsively start to get their No. 2 pencils in order, line up books and make sure the sock and underwear drawers are filled. The season is the harvest, and traditionally, it's a busy time of picking and canning, putting up food for the long winter. Saturn, is the planet of time, and this pins us down to the duties and responsibilities of the season. But rather than being heavy, it can be an anchor that roots you into a sense of

place. Look for ways to feel more intimately connected to the processes of nature, through gardening, cultivating skills in an artform, or going deeper with a healing practice.

One fallout from the new Moon could be that you feel covered in icky not rightness. There are discordant energies that take could spin out on Virgo's ability to find flaws and harp on them. Virgo reflects back what's toxic, not functioning, dirty, shameful, tucked away, and as a guide, can go overboard to bring the message home. Make a list of what's up for review, for self-improvement, but be patient with where you are, and forgiving of where you've fallen short of your own standards.

This new Moon can be seen as an initiation for the body, into the realities of the changing Earth. There are some reports now, that the Earth's outer core is actually sloshing around, and that's altering the magnetic field outside the planet's atmosphere.

It's not known whether this is part of a long polar shift, or if Earth is being disturbed by the return of a companion Sun to our own with a long elliptical orbit, called Planet X. Whatever the reason, it's clear the Earth is changing, and the quakes, tsunamis and eruptions are a symptom of her disturbance. With Virgo's prescience, or ability to know at some psychic level, this new Moon can bring dreams or visions of what's going on. Virgo is earthwise. What's fascinating, is the idea that our bodies, as part of the Earth, will need to quickly adapt to the changes of the Earth. With the influx of new vibes, our bodies will need to adjust. The magnetic field around the Earth is our protective bubble, and some scholars of 2012 say that these changes are speeding up our evolution. That our isolation is ending, and a new era of being part of the larger galaxy is beginning.

This new Moon is, then, a profound moment to listen to the Earth and its upheavals, with the potential of becoming psychically attune to what's going on. Virgo's wisdom now gives us the ability to change and shift, and morph into the best physical vehicle for this particular moment in time (Saturn).

September 22, 10:32 pm - Mabon/Fall Equinox

Mabon/Fall Equinox

Animals/Mythical Creatures - dogs, wolves, stag, blackbird, owl, eagle, birds of prey, salmon & goat, Gnomes, Sphinx, Minotaur, Cyclops, Andamans and Gulons

Gemstones - yellow agate, carnelian, yellow topaz, sapphire, lapis lazuli & amethyst

Incense/Oil - pine, sweetgrass, apple blossom, benzoin, myrrh, frankincense, jasmine, sage wood aloes, black pepper, patchouli, cinnamon, clove, oak moss

Colors/Candles - brown, green, orange, red, deep gold, scarlet, yellow, russet, maroon, all autumn colors, purple, blue violet & indigo

Tools/Symbols/Decorations - Indian corn, red fruits, autumn flowers, red poppies, hazelnuts, garlands, grains especially wheat stalks, and colorful, fallen leaves, acorns, pine & cypress cones, oak sprigs, pomegranate, statue/or figure to represent the Mother Goddess, Mabon wreath, vine, grapes, gourd, cornucopia/horns of plenty, burial cairns, apples, marigolds, harvested crops, burial cairns, rattles, the Mysteries, sun wheel, all harvest symbols

Goddesses - Modron (Welsh), Bona Dea, Land Mother, Aging & Harvest Deities: the Triple Goddess-Mother aspect, Persephone, Demeter/Ceres, Morgan (Welsh- Cornish), Snake Woman (aboriginal), Epona (Celtic-Gaulish), Pamona (Roman), the Muses (Greek)

Gods -Mabon ap Modron (Welsh), Sky Father, Wine Gods, Aging Gods, John Barleycorn , the Wicker-Man, the Corn Man, Thoth (Egyptian), Hermes, Hotei (Japanese), Thor, Dionysus (Roman), Bacchus (Greek) & all wine deities

Essence - beauty, joy; fullness of life, harvest of the year's desires, strength; laughter; power; prosperity, equality, balance, appreciation, harvest, protection, wealth, security, self-confidence, reincarnation

Dynamics/Meaning - death of the God, assumption of the Crone, balance of light and dark; increase of darkness, grape harvest, completion of the harvest

Purpose - second harvest festival, new wine pressing/making preparation for winter and Samhain, rest after labor, Pagan day of Thanksgiving, honoring the spirit world, celebration of wine

Rituals/Magick - Celtic Festival of the Vine, prosperity rituals, introspection, rituals which enact the elderly aspects of both Goddess & God, past life recall

Customs - offerings to land, preparing for cold weather, bringing in harvest, cutting willow wands (Druidic), eating seasonal fruit, leaving apples upon burial cairns & graves as a token of honor, walk wild places & forests, gather seed pods & dried plants, fermenting grapes to make wine, picking ripe produce, stalk bundling; fishing, on the closest full moon (Harvest Moon) harvesting corps by moonlight.

Foods - cornbread, wheat products, bread, grains, berries, nuts, grapes, acorns, seeds, dried fruits, corn, beans, squash, roots (ie onions, carrots, potatoes, etc), hops, sasssafras, apples, pomegranates, carrots, onions, potatoes, roast goose or mutton, wine, ale, & cider

Herbs - myrrh, thistle, tobacco, oak leaf, hazel, mums, hops, acorns, marigold, rose, sage, milkweed, Solomon's seal, aster, fern, honeysuckle, benzoin, myrrh, passionflower, pine & cedar, ivy, hazel, hops, cedar

Element/Gender - water/male

Threshold - evening

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http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=129

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Belly Dance Costumes & Jewelry -

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Brass Dinner Gong -

http://witchsupercenter.com/zencart/index.php?main_page=product_info&products_id=746

Tapestries & Curtains - http://witchsupercenter.com/zencart/index.php?main_page=index&cPath=8

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To see all of our new items, visit http://witchsupercenter.com/zencart/index.php?main_page=products_new

Witch SuperCenter September Sale Items

Wicca Starter Kit w/Love Spell – Regular Price \$32.99, Sale Price \$27.99

Mabon Herbal Incense Blend – Regular Price \$2.99, Sale Price \$1.99

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Magickal Herb Kit, 50 Herbs – Regular Price - 31.99, Sale Price \$29.99

To see all of our sale items, visit http://witchsupercenter.com/zencart/index.php?main_page=specials

Herb of the Month

Dill - Fire/Mercury, Gender - Masculine, Parts Used - The Whole Herb, Magickal Properties - Protection, Love, Uses - Carry in sachets (the tops) for protection or place over the crib for the baby, place seeds in muslin and hang in the shower for attracting women, also used with other herbs for ridding negative energies

To learn more about this and other herbs, get our Magickal Herbs eBook at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=120

Stone of the Month

Peridot - The joyful and friendly energy of this stone helps to make and seal friendships. It clears the heart, releasing ego, jealousy and anger and bringing a sense of peace and quiet amusement. For specific chakra work, because it acts to seal the aura, it is suggested that peridot be removed while working on chakras other than the heart and solar plexus. It is associated with the heart chakra and assists in rebirth and renewal of all kinds. It enhances the healing of relationships particularly. Peridot can lessen stress in relationships, anger and jealousy. It works well in magick for health, prosperity & sleep. Peridot is associated with prosperity, growth, purification, balance, intuition, compassion, cleansing, protection against nightmares, anger management, overcoming nervousness, fertility, friendship, healing, repairing relationships, focus and reducing stress. It guards against illusions, enchantments, and nightmares. If anger is a problem for you, try using this gemstone as it is known to calm even the most raging anger. Peridot also calms nervousness and banishes negative emotions.

Rune of the Month

X Gebo (G: Gift.) - Gifts, both in the sense of sacrifice and of generosity, indicating balance. All matters in relation to exchanges, including contracts, personal relationships and partnerships. Gebo Merkstave (Gebo cannot be reversed, but may lie in opposition): Greed, loneliness, dependence, over-sacrifice. Obligation, toll, privation, bribery.

To learn more about this and other runes, get our Rune Dice Book at

http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=124

Tarot Card of the Month

Knight of Pentacles - "I am the Knight of Pentacles and this is my story. Our kingdom is pretty prosperous and harmonious. Part of that well being is because of my determination to make sure things work as they are supposed to. As the Knight of Pentacles, a great deal of responsibility is in my charge. I never feel burdened by it. I enjoy hard work and being in control. It makes me feel important and part of something grander than myself. I work well in the community, but I feel my natural role is that of a leader. I know I have a tendency to be pushy or bossy, but I can't help it. I just want to be sure everything is done correctly and in a timely way.

I am fiercely protective, both of my family (particularly my sibling, the Page of Pentacles) and my community. I will do whatever it takes, including sacrificing my own life for the sake of guarding the people who are dear to me. Unlike some Knights, this chivalry is not a matter of honor. It's just who I am. Because I am vehemently protective, people feel safe around me. I have a propensity to attract "damsels in distress" which is fine, but sometimes these personalities can be needy, and they expect more from me than I am able to give.

I am more of a physical man rather than an emotional one. Therefore, in relationships I can seem flat or one-dimensional. As much as I would like to provide emotional depth, I just don't feel it's integral to who I am. I am

a simple man, a man of action, and purpose. Being the Knight of Pentacles is more important to me than being somebody else.

Friends and family call me materialistic. This might be true, although I haven't given it much thought. I do enjoy my home, my possessions and the finer things. However, I work very hard for these things, and believe I deserve them. I have no sense of entitlement (in spite of my royal status). If I want something, I expect to work for it.

As the Knight of Pentacles, I am depended upon to serve my king and country, and I do so with deep loyalty. I am honest and extremely responsible in my duties. I may go about my tasks laboriously because I prefer the tried and true way of doing things.

Unlike my Page sibling, I am not very inventive. But I am industrious, and I like to put conventional, pragmatic planning to good work. This is why I admire our family vineyards. Here I can taste, touch and observe centuries of traditional methods reaping fruitful results.

I have a dark complexion and dark hair. People find these traits attractive in me, and I have no troubles in the social arena. I rather think my looks are average. I look a lot like a younger version of my uncle, the King of Wands. And, like he, I can dress in common man's clothes and none are the wiser as to my aristocratic status.

When I pay you a visit in the Tarot cards, I'm likely going to tell you to get back to work at protecting your assets. My season is the summertime, and as any vineyard owner will tell you, it's the season of endless chores. Resting on laurels is not an option. The good news is, all that hard work will pay off."

To learn more about this and other Tarot Cards, get our Basic Tarot Card Reading eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=107

Correspondence of the Month

Mythical Creatures

Centuar - the arts, creative inspiration, divination

Dragon - protection, transformation, spiritual guide, long life, strength against fear

Gargoyle - silence, shadows, freedom

Griffin - spiritual clarity, faith, understanding

Leviathan - influence, foresight, time for meditation

Manticore - embodiment of evil, dark force, powers working against you

Minotaur - defense against harm, protection, power, fertility

Pegasus - inspiration, astral travel, divination, romance

Phoenix - rebirth, reincarnation, new beginnings, courage, adaptation

Unicorn - prosperity, adventure, purity, of gentle nature, mental strength

To learn more about this and other correspondences, get our Magickal Correspondences eBook at http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=118

Spell of the Month

Gaia Healing Spell

Perform this spell during an eclipse or a waxing moon phase. Arrange sea shells on a secluded beach, in the shape of a circle. If you do not have access to a beach, perform this ritual in a garden or forest using stones, branches or flowers to form the circle.

Kneel at the center facing the ocean. Light a blue candle and an incense of your choice. Raise arms high and recite:

*With smoke and flame this spell's begun.
O Goddess of the stars, moon, and the sun,
Let the healing power begin.
Let the Earth be whole again.*

*The Earth is my mother and I am her child.
The earth is my lover, free and wild.
Heal on the outside, heal within.
Land and sea, fire and wind.*

*With love sincere,
I chant this prayer to make mankind
Begin to care.
Let every sister and every brother
Heal the wounds of the Great Earth Mother.*

*Let the healing power begin,
Let the Earth be whole again.
Heal on the outside, heal within.
Land and sea, fire and wind.
So mote it be!*

To receive more spells, get our Wicca 101 and Beyond: A Witch's Grimoire eBook at
http://witchsupercenter.com/zencart/index.php?main_page=product_info&cPath=9&products_id=108